# PEACE CHANNEL Annual Report 2018 April-June 2019



SUPPORTED BY,
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# **CONTENTS**

- **❖** Message from the Bishop
- **❖** Message from the Director

#### 1. INTRODUCTION

- 1.1. Profile of the Project Holder: Diocese of Kohima
- 1.2. Profile of the implementing Partner: Peace Channel
- 1.3. Project Title, Goals, Objectives and strategies
- 2. KEYACHIEVEMENTS
- 3. ACTIVITIES CARRIED OUT FROM 2018 April-June 2019
  - Chapter 1 Consultative meetings
  - Chapter 2 Capacity building programme for Church and Community leaders
  - Chapter 3 Formation of People's Forum for Peace (PFP)
  - Chapter 4 Training program on Peer Mediation
  - Chapter 4 Formation of Peace Club
  - Chapter 5 Quarterly Assessment & Evaluation Meetings of PFPs and Youth

Peace club

Chapter 6 Training of Youth peace club leaders on peace club animation and

peace education

- Chapter 7 Peace club meetings
- 4. FINANCIAL STATEMENT
- 5. NEWS PAPER CLIPPINGS
- 6. PHOTO GALLERY

#### **DIOCESE OF KOHIMA**

Bishop's House P.B.No.519 Kohima-797001 Nagaland, India

Most.Rev.Dr. James Thoppil Bishop of Kohima, Nagaland

I am very happy to know that Peace Channel, a noble initiative of Diocese of Kohima, Nagaland, is enabling and empowering the future generation of children and youth to live in peace by capacitating the children and youth to prevent violent conflicts in the society. Peace Channel, aiming to transform individuals to become peace lovers, peace makers and peace promoters - leading people from a culture of violence to culture of peace and inter-community harmony. The movement aims to be a catalyst of change in the region. Change is possible only when we are open and rooted in Christ. Thus, my prayer and wish for the movement is that they let it grow from strength to strength with thousands of youth joining in the regional, national and international level. I would like to congratulate the district animators, teachers, members of People's Forum for Peace and all the members of Peace Channel Club members who have been working tirelessly under the guidance of Dr.Fr.C.P.Anto, reaching out to as many children and youth specially the less privilege sections of the society. I thank Missio and other agencies foe supporting this noble initiative of the church in Nagaland.

I applaud the movement for the contributions already made, and wish them the best in their noble mission to create peace and harmonious society, especially working with different faith based communities and organizations in promoting sustainable peace.

Most. Rev. Dr. James Thoppil, Bishop of Kohima, Nagaland.

#### **MESSAGE**

Dr.Fr.C.P.Anto,
Director, Peace Channel

Dear Peace lovers,

I take this opportunity to thank God for all the manifold blessings that He has been showering upon each one of us. I heartily thank and appreciate all our animators, principals, teachers, associate members and members of Peace Channel clubs for their tireless effort that they have been rendering towards the movement to promote culture of peace in our society. A dream to promote peace way back in 2005 has now become a reality reaching out the youth in different districts of Nagaland, in the north eastern region, national and international level. It has now reached a greater height due to the spirit and a great team work.

I also would like to take this opportunity to tell you about what peace meant to me. **Peace** is the concept of harmony and the absence of hostility. In a behavioral sense, **peace** is a lack of conflict and freedom from fear of violence between individuals and heterogeneous social groups. Peace is also the outcome of having a good relationship with God, persons, nature and self.

"Peace is the main teaching of every religion, and religion is one most driving power and composition in human life". It includes freedom and human rights such as truth, peace and mercy. All religions are from the teachings of one true God whose wisdom is fundamentally "benevolence, compassion, and universal love." From this perspective, all religions can cooperate with one another in unity and can promote the culture of peace to self, society and the world at large.

In various religious practice Values and principles hold the highest price in its realm of religion. Every religion emphasizes on peace and discourages extremism and violence, which is an indication that every religion respects and promotes peace in its own terms, which is very common and acceptable by all. So with the very motive to promote peace, I plead the entire Peace Channel circle to unanimously work hand in hand without any discrimination on any ground, respect and accept all being and pave a way for a better and peaceful society.

I sincerely thank the Peace Channel family, the funding agencies and other stake holders of the movement in supporting us materially and spiritually.

Peace to you!

Dr.Fr.C.P.Anto
Founder & Director. Peace Channel

#### 1. INTRODUCTION

Kohima is the capital of Nagaland in India. The Diocese is named after the Capital of the state. Nagaland is in the Northeastern corner of India, boarding Myanmar. There are 16 principal tribes. Collectively they are known as Naga Tribes. They have linguistic and dialectal variations that are different from one another. The report will give a picture of the activities carried out from April 2017 to March 2018.

1.1. Profile of the Project Holder: Diocese of Kohima. Kohima is the capital of the state of Nagaland in India. The Diocese is named after the capital of the State. Nagaland is in the Northeastern corner of India, bordering Myanmar. There are 16 principal tribes. Collectively they are known as Naga Tribes. They have linguistic and dialectal variations that are different from one another. Till 1973, Nagaland and Manipur were part of the Diocese of Dibrugarh. In 1973, the Diocese of Kohima-Imphal was carved out of Dibrugarh, with the Most Rev Abraham Alangimattathil SDB, as its first bishop. Most Rev Abraham left for his heavenly abode on 18 November 1997. On 9 December 1997 Most Rev. Jose Mukala was appointed as the second bishop of the Diocese of Nagaland and was consecrated on 15 March 1998. Bishop Jose Mukala resigned on 30th October 2009 and the diocese was vacant for almost two years. During this period Most Rev. Dominic Lumon was appointed as the Apostolic Administrator of the diocese. On 8th September 2011, Most Rev. James was consecrated as the Bishop of Kohima by Most Rev. Salvatore Pennacchio, the Apostolic Nuncio to India.

#### 1.2. Profile of the implementing Partner: Peace Channel

Peace Channel is a youth peace movement of the third millennium; it is a new model for peace building. This model could standardize and make it universal applicability due to the outcome of the research. It aims at transforming a culture of violence in to a culture of peace. This noble work of the Catholic Church in Nagaland, India goes beyond the boundaries of religion, caste, culture, language and colour. This is a part of the Global movement of education for peace. Children, parents and teachers as individuals and groups will play an active role in understanding one another and building good relationship with others; across communities and regions by taking actions to create space for more just and peaceful schools, homes, communities and societies. War originates in the mind of people and so peace must be sown in the hearts of people. Peace Channel closely works in partnership with educational institutions and other like-minded organizations. It organizes the youth in "Quality Peace Clubs" to provide a platform for participatory learning of peace and human rights practices. They work actively for peace and development at personal, family and community levels. Peace Channel is grounded on spiritual foundations of different faith traditions. Peace Channel draws inspiration from various traditions, civil society practices, religions and philosophies that engender a more just and a harmonious society. It is an initiative of the diocese of Kohima, Nagaland-India and has trained over fifty thousand (50000) youth, elders and teachers in and around North East India.

The movement was founded at Sacred Heart College, Tiruppattur, Tamil Nadu, India by Dr. Fr. C.P. Anto, on September 21, 2005. The movement was officially launched in Nagaland in 2006 with the inauguration of Peace Clubs at St. Xavier's School, Jalukie, Peren District of Nagaland. Since then the movement has been spreading across Nagaland creating peace clubs in educational institutions and localities. Thus, Peace Education by Peace Channel strives to

foster positive attitude which is essential for the institutionalization of a culture of peace by replacing the culture of violence. Peace Channel encompasses a wide spectrum of target groups and beneficiaries like schools students, teachers and educational institutions like Colleges and Universities.

Peace Channel also actively works with the grassroots in the villages and communities by forming Peoples" Forum for Peace (PFP). Peace Channel has been working for last eleven years and as the result of number of seminars and workshops, sharing of experiences of peace building practitioners and networking with national and international institutions, organizations and communities we have developed the following activities which are core to the movement.

- a) Formation of Peace Clubs in the Educational Institutions, Parishes and Communities and capacitating the leaders and teachers as change-agents in promoting peace building, reconciliation, dialogue and non-violent conflict resolution among its members to live in peace.
- b) Formation of People's Forum for Peace (PFP) in the parishes and Communities to enhance the inter-religious and ecumenical interaction and working for peace and harmonious living among all.
- c) Capacity building sessions for the leaders of different religion, communities and institutions on different peace and development related topics and experiential sharing of its members may encourages promoting and sustaining the peace building process.
- d) Encouraging, advocating and even lobbying the government and nongovernment entities in promoting peace education, nonviolent communications and establishing peace commissions in departments.
- e) Promoting activities like Peace rally, peace campaign, peace celebrations in the quality Peace clubs, cultural exchange programmes among different communities and religions etc.,
- f) Publication of peace materials, manuals, success stories, website information sharing, face book and twitter etc to strengthen the networking both local and global perspectives.
- g) Organize researches on various peace related issues and publish them annually. It also shared with the general public and the policy makers.
- h) Organizing national, regional and local level seminars, conferences and workshops to learn and exchange ideas on peace related issues.
- i) By promoting annual Peace Channel Award for the well-known peace activists and youth peace and cultural festival.
- *j)* Formation of Peace Channel Band. The members of the band consist of artists from different religions, communities and walks of life.
- k) Annual inter-religious and ecumenical meetings to actively promote religious harmony and also to prevent future conflicts.
- *l) Environmental awareness programmes and plantation of trees to protect the mother earth.*
- m) Establishment of educational institutions like Peace Music, Peace Museum and North East Institute of Social Sciences and Research (Master of Social Work College) to educate and capacitate peace activists on peace and conflict transformations studies, youth and community development.

Peace Channel reaches out to the youth through a dedicated website www.peacechannel.in. We connect to the youth through our group on the social networking site peacechannelgroups@facebook.com which has over 5900 members.

# 1.3. Project Title: Inter- religious and ecumenical coalitions for sustainable peace in Nagaland Project number: M 317.091-15/003

**GOAL:** A peaceful and harmonious society built on the principles of non-violence, compassion, justice, respect and acceptance.

### Strategic Objectives:

1. Interaction and cooperation among the different religious groups and communities are enhanced: In Nagaland scenario wherein the churches are independent and numerous, the need for improved interaction and cooperation is essential for any peace building process. The project would seek to build coalitions of churches that are divided according to the tribes, languages and ideology and engage the leadership in constructive co-existence and cooperation.

#### Objectives:

- a. To enable the leaders of the church groups to have meaningful interaction
- b. To enhance sharing and discussion on common issues that fuel violent conflicts in the region
- c. To create a platform for sustained interaction and sharing
- d. To engage the church & religious leaders to be guides and mentors to youth irrespective of church or religious affinity.

# 2. Community leaders, teachers and professionals are mobilized to support, guide and sustain the youth initiatives:

The youth initiatives in the institutions and communities need adequate cooperation, guidance, supervision and participation from the adults and the decision makers. The movement engages all such people from various walks of life to be part of the formation of youth to be peace makers. The interaction and involvement of common people and the religious leaders is important to create consensus in times of conflicts. They would form the advisory group as well as trainers and teachers for the young peace builders. Further, the members of the people's form for peace would engage themselves proactively in responding to the local conflict situations or issues that fuel conflicts and violence.

#### Objectives:

- a. Formation of People's Forum for Peace
- b. Capacity building of the members of People's Forum for Peace
- c. Engagement of members of People's Forum for Peace in the training and guidance of Peace club members
- d. to explore strategies of building peace and bringing development by working together on social economic, building in multi cultural, tribal and religious context.
- e. to voice out issues of common concern towards unaddressed and prevention of social evils and to provide an inclusive platform for face to face dialogue among people organization from all walks of life. Hence,to facilitate dialogue between parties in conflicting situation and issues

Concept Note on People forum of Peace (PFP)

Forum for Peace is an inclusive approach for peace building and a collective platform for members from various communities, religious and professions who are committed to work for Peace, justice and sustainable development for the welfare and well being of the people in four districts of Nagaland, namely Dimapur, Kohima, Wokha and Peren.

# 2. Key Achievements

Sl. No.	Name of the Program	Venue	Date	Male	Female	Total
	Consultative Meeting	with Parish Leaders at	nd Launchi	ng of Pr	roject	
1	Consultative meeting with the Parish leaders, village leaders and launching of the project	Don Bosco School, Mon	6/5/18	9	19	28
2	Consultative meeting with the NGOs, Churches leaders, and Community leaders	NEISSR Hall, Dimapur	25/5/18	21	34	55
3	Training on Religious leaders on peace building and Dialogue	CAN, Building D Block, Kohima	3/11/18	13	6	19
4	Inter faith coalition for Peace, training of trainers for peace building	Community Hall, Longsa	18/11/18	9	4	13
5	Inter faith coalition for Peace, training of trainers for peace building	Town Hall, Tseminyu	30/11/18	21	24	45
	Sub Total			91	51	142
	Capacity Building P	rogramme for Church a	nd Commu	nity Lea	iders	
1	Capacity Building Programme for Church and Community Leaders, Kohima	Mary Help of Christian cathedral parish kohima	31/3/18	12	15	27
2	Capacity Building Programme for Church and Community Leaders, Dimapur	Holy Cross Parish	26/4/18	0	62	62
3	Inter faith meet and Panel Discussion	Town Hall	21/9/18	24	28	52
4	Training of trainers on Inner peace, Peer Mediation, Dialogue (3days)	Peace channel Hall	27-29/9/ 18	10	8	18
5	Prayer fellowship cum leadership seminar	Peace channel Hall	9/10/18	76	26	102

6	Training of trainers on peace building, Mediation, Dialogue	NEISSR Hall	13/10/18	14	3	17
8	Training of trainers on peace building, Mediation, Dialogue	Wokha	20/10/18	15	8	23
9	Women Leaders empowered towards social co-existence in Wokha	EloeHoho Ki Conference Hall, Wokha	16/11/18	3	49	51
10	Training of Trainers for Peace	Grace Complex, Peren town Baptist Church	8/12/18	13	6	19
11	Capacity Building program for Church and Community Leaders	NEISSR Conference Hall Dimapur	8/2/19	24	17	41
12	Capacity building programme for church and community leaders on "Importance of Dialogue as a process of peace building"	DBS Youth Centre Wokha	23/02/19	7	23	30
13	Capacity Building program for Church and Community Leaders	Holy Cross Parish, Dimapur	28/0/.19	2	28	30
14	Training on Good Governance for the Church and Community Leaders	DC Office, Niuland	08/03/19	4	27	31
15	Capacity Building program for Church leaders on Peer Mediation	Lotha Baptist Church Sethiekima 'C'	31/3/19	14	22	36
16	Inter religious dialogue and peace building	Medziphema Town Hall.	19/5/19	22	14	36
17	one day ecumenical dialogue and peace building	Kacharigaon (Phevima) village	25/05/19	14	7	21
18	one day ecumenical dialogue and peace building	Jakhama Village Council Kohima	26/05/19	26	11	37
19	People's Forum for Peace	Niuland Ad-hoc Town Council Hall	7/6/19	15	1	16
20	People's Forum for Peace	Selhoupe	8/6/19	12	2	14
21	one day ecumenical dialogue and peace building	community hall khuzama	6/5/2019	42	31	73
22	Ecumenical Dialogue and Peace Building in Nagaland	CAN Building, Kohima	15/06/19	5	4	9

23	Ecumenical Dialogue and Peace Building in Nagaland	Mary Mother of Jesus Chapel, Kohima	16/6/19	16	19	35
24						
	Sub	Total				
	Formation of People's	Forum for Peace (PFP)	(August-S	Septembe	r 2019)	
1	Formation of People's Forum for Peace	Zeliangrong colony	15/08/19	20	19	39
2	Formation of People's Forum for Peace	Oriental colony	23/08/19	06	17	23
3	Formation of People's Forum for Peace	Viola colony	26/08/19	05	65	70
4	Formation of People's Forum for Peace	Sachu colony	27/08/19	05	40	45
5	Formation of People's Forum for Peace	Peren town	27/08/19	15	15	30
6	Formation of People's Forum for Peace	Jalukie town	29/08/19	06	10	16
7	Formation of People's Forum for Peace	Wokha town	30/08/19	27	24	51
8	Formation of People's Forum for Peace	Jakhama town	07/09/19	03	07	10
9	Formation of People's Forum for Peace	7 <sup>th</sup> mile	26/09/19	00	32	32
10	Formation of People's Forum for Peace	Signal colony	27/09/19	08	44	52
11	Formation of People's Forum for Peace	Lotha colony	28/09/19	07	10	17
		Training on Peer Media	tion			
	Mt. T	iyi College &Longsa Vill	age Youth			
	F	ormation of Youth Peace	Club			
1	Capacity building for youth club members on Peace Education	St. Joseph School, Niuland	13/4/18	5	9	14
2	Capacity building for youth club members on Peace Education	NEISSR	21/4/18	11	4	15
	S	ub-total				
Qı	uarterly Assessment and Evalu	uation meeting of PFPs	and Youth p	peace clu	b at Paris	h level
1	Annually Assessment & Evaluation Meeting of PFPs and Youth Peace Club members	NEISSR Hall	19/4/18	14	28	42

2	Annually Assessment & Evaluation Meeting of PFPs and Youth Peace Club members at the district level	Town Hall	21/9/18	112	199	311
3	District level dialogue for Peace	Peace Channel Conference Hall, Dimapur	23/11/18	9	4	13
	Su	ıb-Total				
	Training of Youth peace club	b leaders on peace club	animation a	nd peac	e educatio	on
1	Training of Youth peace club Leaders and peace club members on Mediation, Dialogue and Leadership	CAN, Building D'Block, Kohima	18/4/18	13	17	30
2	Youth Peace club meeting and call for peace campaign and end plastic pollution competition, wokha	Don Bosco Center, Wokha	19/4/18	79	67	146
3	Training of Youth leaders on conflict resolution, peace building, Life skills and mediation.	Rusoma village, Kohima	24/4/18	15	27	42
4	Training of Youth leaders Animator on Peace	NPF Hall, Mon	5/5/18	16	26	42
5	Youth Leaders training on conflict management skill	St. Paul school hall, Phesama	21/06/18	18	23	42
6	Capacity building programme for youth leaders on conflict resolution and peace building	Hammock Resort, wokha	30/06/18	16	15	31
7	District level programme on Human right	DBIDL Hall	2/7/18	28	33	61
8	Capacity building programme with the youth leaders on Leadership skills	DBIDL Hall	3/7/18	28	32	60
9	Capacity building Programme with the youth leaders on Peace building and conflict resolution	St. Joseph church Niuland	8/7/18	24	22	56
10	Training of Youth on Peer Mediation	NEISSR, Hall	30/7/19	16	24	40
11	Capacity building programme for youth leaders training on Human Right	NEISSR, Hall	28/8/18	12	20	32

12	Peace club teacher animator training at Wokha	Little Angel School, Wokha	11/11/18	3	6	9
13	Training of Youth Peace Club Leaders and Peace club animators on peace education on Dialogue and Facilitation	Peace Channel Conference Hall, Dimapur	18/1/19	4	4	8
14	Capacity Building Program on " Peace Building"	Assisi Hr. Sec. School, Dimapur	16/02/19	19	40	59
15	Capacity Building for Community Leaders on Peer Mediation	NEISSR Institute, Dimapur	18/02/19	22	17	39
16	Training of youth peace club leaders & peace club animators	NEISSR Conference Hall, Dimapur	01/03/19	12	18	30
17	Training of youth peace club leaders on Peace	Oriental College, Kohima	15/03/19	35	7	42
18	Training of Youth Peace clubs on Peer Mediation	Auxilium Convent, Dimapur	16/3/19	0	38	38
19	Training on youth leaders	Holy Cross Auditorium, Dimapur	23/3/19	34	45	79
20	Training of youth peace clubs leaders on peace club animators and peace education	Town Hall Wokha	15/04/19	10	11	21
21	Capacity building for Youth club	Peace Channel conference Hall	17/04/19	9	9	18
22	Capacity Building on "Peer Mediation"	SFS Hr Sec School, Medziphema	14/5/19	39	42	81
23	Peer Mediation Forum	Carmel Hr. Sec School, 4 <sup>th</sup> Mile	16/5/19	61	38	99
24	Capacity Building on the topic challenges youth face today	NEISSR HALL	26/5/19	12	19	31
25	Capacity Building on "Peer Mediation"	St. Joseph's Hr. Sec. School	10/6/19	87	93	180
	Si	ıb-Total				
		Peace Club Meetings				
1	Capacity building on Problem Tree Analysis	Little Flower School	13/4/18	19	27	46
2	Peace Celebration	Little Flower School	13/4/18	17	31	48
3	Capacity building on Peace and Peace building	St. Paul, Dimapur	14/4/18	0	46	46



	Su	b-Total				
12	Youth Peace Club meeting	Suzane Girls Hostel, Dimapur	27/03/19	0	7	7
11	Capacity Building program for Community Leaders on Peer Mediation	Duncan Youth Organization Office, Dimapur	26/03/19	8	0	8
10	Capacity building on Inner Peace	St Mary's School, Padumpukhri Dimapur	18/11/18	5	23	28
9	Capacity building on "Skills needed for Peace building"	CECS, Dimapur	15/11/18	9	24	33
8	Peace Celebration	St. Mary's School	18/4/18	4	12	16
7	Capacity building on Peace and Peace building	St. John's Hr. Sec. School	16/4/19	9	18	28
6	Peace Celebration	St. John's Hr. Sec. School	16/4/19	21	29	50
5	Capacity building on Peace and Peace building	Christ King High School, Mon	14/4/18	23	33	56
4	Peace Celebration	Christ King High School, Mon	14/4/18	23	33	56

# Description of Activities

## 1. Consultative Meeting

In the year 2018 April-2019 June, 5 Consultative meetings were conducted with the objective to equipped them with the skills of peace building and peer mediation to prevent and intervene in the conflict situation.

#### *3.1.1.*

One dayConsultative meeting with the parish leaders and village leaders was conducted on 6th May 2018 at Don Bosco School Mon. The main objective of the programme was to form a PFP in the parish level. The resource person for the program was Mr. KishorDass and Miss. VikhuliAchumi. Speaking on "Sustainable Peace, Inner Peace and Mindfulness" the resource Mr. Kishor said, peace is not just only the absence of war or conflict. It is the presence of social justice and equality where every individual is respected and treated equally, where there is love and harmony among people. Talking about the scenario of Nagaland, he said Nagaland is a place where there is peace in an outer world but when we look deep inside, we find that there is no peace. However, he said every individual longed for peace and wants to have peace in their life but they failed to sustain that peace. The reason why they failed is because they looked for temporary peace and not sustainable peace. Sustainable peace is possible only if you have inner peace i,e., Peace within yourself and when all the individual take initiative in promoting peace. Miss. VikhuliAchumi spoke on leadership where she stressed on the qualities a leader should have.

#### *3.1.2.*

On 28th August 2018, Consultative Workshop for Local Organizations and Peace building Organizations on Human Rights Defenders, at NEISSR, Conference Hall Dimapur. The main objective of the program was to respond and advocate the issues of freedoms of opinion, expressions, association, assembly, dissent, protest and all other rights, including harassment and criminalization of all human rights defenders (HRDs). Ms. BonditaAcharya, HRD from Assam, Advt.T. LimanochetJamir, Assistant Professor of Kohima Law College and Mr. P. Leonard Aier, Principal of City Law College was the resource person for the program.



Speaking on the occasion, the resource person Ms. BonditaAcharya, highlighted the scenario of human rights violation in India postulating that we need to raise our voices against arbitrary arrest and detention, extrajudicial killings, prisoner rights, militarization, social and structural discrimination, employment and livelihood issues, forced evictions and displacements and no access to basic necessities for dignified human life, ecology, environment, people's rights over land and natural resources, discrimination, rights of indigenous peoples. Advt. T. Limanochet Jamir, Assistant Professor of Kohima Law Collegespoke on willpower and determination .He also referred the life of Jesus Christ whom he regards as a Human Rights defender explaining how Jesus Christ defended the rights of the poor and the needy, widows etc. and worked for the welfare of the people but was persecuted even to the extent of His death. He continued reflecting on the teachings of Jesus Christ, where he believes that we are not doing enough as our efforts does not reach to the level of what Jesus did for us. He concluded stating that, "If we don't face persecution in our life, we are not working as Christ did". P. Leonard Aier, Principal of City Law College, made the concluding remark where he highlighted how Human rights have evolved with the great charter Act "Magna Carta", 1215 basing on which he postulated how democracy today is shrinking, He further expressed that India is a democratic country under the constitution where our rights have been safeguarded; however, it is not absolute and effective as it is enshrined. Quoting Martin Luther King "Our lives begin to end the day we become silent about things that matter" Later, Aier concluded by stating that our Constitution provides democratic space for fundamental rights, where he left the participants with the statement to ponder whether we are using the democratic space or scared to use the space to defend our

The programme was attended by 84 members from different walks of life.

#### 3.1.3

Peace Channel Kohima in collaboration with the Peoples Forum for Peace Nagaland organized a seminar on interfaith meet for Peace Building in Nagaland on 3rd November 2018 at CAN Conference Hall, Kohima on the theme, "Transformed to Transform the Society" with the aim prevent and intervene into the conflicts and to promote peace. Dr. Deben Bachaspatimayum, Asst Professor NEISSR, Dimapur was the Trainer on the skills of Peacebuilding. Meanwhile, Mrs. AbeaMero, Founder of Connect Organic Nagaland and Peace Activist Mr. NiketuIralu, delivered the message and keynote address respectively. The programme was chaired by Mr. Victor Yhome. Altogether, 18



individuals from different NGOs, churches and different walks of life attended the programme. Mr. NiketuIralu, Peace Activist in his keynote address to the leaders said, although we are not used to it, with the change in society, the world needs peace today. The attitude of "no need" or say it would be okay without it becomes the degrading the stability in the society. We are in need of the institutions which run for peace inorder to stabilize the same. Lastly Vote of thanks was proposed by Ms. Alino S. Chishi, Kohima District Coordinator, Peace Channel.

#### 3.1.4.

Inter- faith program on peace building skills was conducted by Peace initiative at Longsa Village Wokha at Community Hall on 18th November 2018, where all the church leaders and representative and leaders from different professionals attended the program. The session was invoked by Mr. LithungoEzungYouuth director Longsa Baptist Church and followed by the welcome address give by the chairman Longsa Village. After which Mr. Lichanthung G.B Longsa gave a short message. In his exhortation the speaker lamented the present social environment where people were so contented rather than working for the social well being. He further appreciated the Peace Channel for taking up the initiative to work with the people for better society and specially giving the village a platform to discuss and teach them in different strata of the society, youth, leaders, women association and religion.

Mr. Amos Murry the resource person further take off the session with an activity, which explain the different perspective of human nature leading to violent conflict. In his training session the resource person explained the different skills of dealing conflict and also the ways of living in social co-existence without any differences. Collection the concept of co-existence to the participants and getting back to the concept of co-existence, the resource person touched the concept of peace while making them understand the core meaning of Social co-existence. The resource person Mr. Murry said that, with all things present in the society negatively and as well as



positively, if the general people understand it's usages and balance them constructively despite of restriction and order which become contraction. That society can be called a society where people has better understanding among one another and where everyone deals with conflict constructively for the betterment of the people in particular and the community in general.

#### *3.1.5.*

On 30th Nov 2018 Interfaith Coalition for Peace, Training Of Trainers (Tot) was conducted at Tseminyu Town Hall, on the theme "transformed to transform the society". Mr. KishorDass, in his keynote address, said the need to have a peace committee is to prevent future conflicts and the communities are capacitated to intervene in conflict to Dialogue and peaceful means he also stress on the need for peace at all levels

including interface dialogue for better understanding of peace and resolving conflicts. Rev Dr C.P Anto, Director and founder of Peace Channel spoke on skills of peace building. Later there was an open discussion where the participants shared their opinion, these days there are so many factions forming in the name of bringing peace but it is infact dividing us into so many groups. Therefore Peace Channel should speak truth inorder to bring peace in our society. The program was attended by leaders from different churches.

#### 2. Capacity building programme for Church and Community Leaders

In this year 24 capacity building program for church and community leaders was conducted with an objective to skill the leaders on dialogue and peer mediation, to prevent conflict in their localities and in Nagaland as a whole.

#### *3.2.1.*

On 26th April 2018, Capacity Building programme on "Peace & Peace-Building", was conducted at Holy Cross Church, Dimapur. The main objective of the programme was to educate them on how to be a peace loving person and to take initiatives in one's own locality to resolve conflicts. Dr. Fr. C. P. Anto the resource person shared about the emergence of the term Peace-building, it was first emerged in 1970s through the work of Johan Galtung who called for creation of Peace-building structures to promote, sustainable peace by addressing the "root causes" of violent conflict. She said that since then, the



term 'Peace-building' has covered a multi-dimensional exercise and tasks ranging from the disarming of warring factions to the rebuilding of political, economic, judicial and civil society institutions. 'Peace is possible for life at all stages and it is up to man to choose his destiny or to suffer from the horrors of war. The resource person further said that today mankind is at the crossroad where he has to choose with courage, determination and imagination.' Peace is the very experience of harmony between social groups that is characterized by lack of violence or conflict behaviors, and the freedom from fear of violence. It is most commonly understood as the absence of hostility and retribution, peace also suggests sincere attempts at reconciliation, the existence of healthy or newly healed impersonal or international relationships, prosperity in matters of social or economic welfare, the establishment of equality and a working political order that serves the true interest of all. All together 62 members attended the programme.

#### 3.2.2

Interfaith meet cum panel discussion on religious perspectives to peace was held on 21st Sept 2018. Dr. Deben Sharma, Asst. Professor of NEISSR moderated the Panel discussion. The panelists were Rev. Moses Murry, Convener of Christian Forum Dimapur from Christian community, Mr. Ajay Sethi, MD, NIIT, Dimapur, Secretary of People's Forum for Peace from Jain Samaj, Mr. AlokPareek from Hindu Samaj, Dimapur, Md. KalimurRahman, President Muslim Youth Dimapur from Sikh community and Mrs. Soma Baruah, representative of Buddhist community, Dimapur.

The first speaker Rev. Moses Murry, Convener of Christian Forum



Dimapur, spoke about peace in regard to Christian perspective. He begins with a bible verse John14:27



which says, "Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid". He stressed more on what the bible says about peace. In the Old Testament, the primary Hebrew word for "Peace" is shalom and it refers to the relationships between people. The speaker also cited some of the bible verse on peace (Genesis 34:21, 1st Kings 5:12, Psalm 85:8, 1st Samuel 25:6 etc). He said a key focus of peace in the New Testament is the advent of Jesus Christ, as announced by the angels in Luke 2:14. The speaker talks about three application of peace namely Peace with God, Peace of God and Peace on Earth. Speaking on peace with God, he said when we are spiritually minded and obedient to the things of God, we will find Peace through God and peace with Him. Peace of God can bring a sense of psychological order to our life. The world will never understand true peace without understanding Jesus. He also said a person should also have peace with the nature and the people that surrounds him. He said, when we have peace of God activated in our life, others will be drawn to us to experience His peace. The speaker also stressed on how to be a peace maker. He said one should plan for peace, empathize with people, attack the problem, not the person, cooperate as much as possible and emphasize reconciliation and not resolution. He concluded his speech by saying peace is the perfect gift of God and one should treasure it. The second speaker Mr. Ajay Sethi spoke on Jainism perspective of peace. He stated, that Jainism believe in all forms of life. It believes that man has experience all forms of life from animals, birds, ants etc. He talks about 24 tirthankara. In Jainism, a tirthankara is a savior and spiritual teacher of the dharma (righteous path). According to Jains, a tirthankara is a rare individual who has conquered the Samsara, the cycle of death and rebirth, on his own and made a path for others to follow. He concluded his speech with the Peace Chanting. The third speaker Mr. AlokPareek spoke on the Hindu's perspective of peace. He pronounced his speech with a quote "Student, the future of India". Then he further said, Hindu is not a religion but it is a way of life. Hinduism is based on culture. He concluded his speech with a short Veda prayer "If I am not in peace within myself, I cannot bring peace to anyone". The fourth panelist was Md. KalimurRahman who spoke on Muslim perspective. He said that Islam itself means peace and that a true Muslim is one who follows Islam.

#### 3.2.3

Training of the Trainers on Inner peace, Peer Mediation, Dialogue on Peace was conducted on 27th to 29th September 2018 at Peace Channel Conference hall Dimapur with Mr. KishorDass, Rev. Fr. Dr. C.P. Anto and Dr. Deben Sharma as the resource person. Mr. Dass spoke on the most important thing that you want to do. He explained the meaning of inner peace. Inner peace or peace of mind refers to a deliberate state of psychological or spiritual calm despite the potential presence of stressors. Inner peace means peace within oneself even in the midst of war or conflict. He said, the path to find inner peace is through acceptance. The first step is



accepting oneself (Self acceptance). Once we accept ourselves as the way we are, it becomes easier for us to fight with the conflict that is within us. Peace begins with oneself and within oneself. He said battles are not fought in the battle field first but in the minds of people. Likewise peace is not made at a peace conference table but in the hearts first. Inner peace begins at the very moment you choose not to allow the other person or event to control your emotions. Dr. Fr. C.P. Anto took a session on 'peer mediation'. He begins his session by first defining the meaning of peer. He said,a 'peer' is a person who belongs to the same social group based on age, sex, occupation or socio-economic background. After defining and understanding the meaning of peer, he defined the meaning of peer educator. A peer educator is part of the



same social group andis a trained volunteer who educates his or her friends individually or in a group to develop a greater understanding of health and development issues to bring positive behavior change. The resource person also talks about the objectives of peer education. Some of the objectives of peer

education are- Providing correct information, Enhancing self confidence, Capacity building to understand their own health, environment, and other issues, Building team spirit/ leadership qualities, Life skill development, Providing equal participation opportunities, Prevention of high risk behavior, To create more peer educators. He said, peer mediation is a communication process in which the individuals with a problem work together, assisted by a neutral third party, to solve the problem. It is a problem or conflict solving by youth with youth. It is a process by which two or more students involved in a dispute meet in a private, safe and confidential setting to work out problems with the assistance of a trained stent mediator or a facilitator. Peer mediation is a service that the children can use to resolve conflicts that they are having with other students themselves. It gives the children an opportunity to be more independent and solve conflicts in a mature responsible manner. The resource person said, peer mediation is not just only for the youth but it is also very important for adults. Peer mediation attacks the problem and not the person. The third resource person Dr. Deben Sharma spoke on Dialogue. He said it is a conversation between two or more people, Dialogue is an understanding between two or more people, Dialogue is talking between two people, Dialogue is interaction to reach an agreement etc. The resource person further defined dialogue as 'mutuality'. He also explained that the aim of dialogue is to achieve mutuality with others in our words, action and thoughts. He also explained that dialogue might have happened in our day to day lives without our consciousness.

#### 3.2.4

Christian Forum Dimapur (CFD) in collaboration with Peace Channel conducted prayer fellowship cum leadership seminar on 9th October 2018, at Rengma Baptist Church, Khermahal, Dimapur. The community prayed for peace in Nagaland and prayed for the national and state politicians and other leaders. Rev. Dr. KavitoZhimo principal, Trinity Theological College, Dimapur highlighted some of the important qualities of Christian leadership and stressed on Integrity as the trademark of all leaders, where a good leader must be conscious of doing the right things at all times. He also mentioned about three core things which are happening in our



society, organization and churches. They are friction, confusion and under-performance. In the second session, Rev Dr. P Dozo spoke on the topic 'Biblical Approach to Accountability'. He said, accountability is the fulfillment of a responsibility with a sense of faithful and ownership. It is an accepted account free from question, punishable or hitch. Rev. Dr. C. P. Anto, Principal of NEISSR, and secretary CFD proposed vote of thanks.

There were 102 participants from 32 churches representing the senior pastors, pastors, priests, women and youth leaders, deacons and Sunday school teachers from Dimapur. Fr. Anto also expressed the urgent need of training the church leaders and others in peace building skills like dialogue, mediation and negotiation with Christian Forum Dimapur and Peace Channel in training the leaders for peace building skills in the days to come.

#### 3.2.5

Training of the Trainer's for Peace (TOT) was conducted by Peace Channel in collaboration with North East Institute of Social Sciences and Research (NEISSR) and People's Forum for Peace (PFP) Dimapur on 13th October 2018 at NEISSR Conference Hall. The main objective of the programme was to create awareness about the present scenario of our society, cause that leads to conflicting situation in our society and to train the



religious leaders on Skills for Mediation and Dialogue.

Dr.Fr.C.P.Anto, Director Peace Channel during his key note address, congratulated all the religious leaders for their tireless contribution towards the society for a peaceful society. Dr. Deben Baschaspatimayum, Asst. Professor, NEISSR and Peace Skills Trainer was the resource person for the programme. He stressed on the Socio-political and legal context at global, regional, national and local levels within which dialogue facilitation and mediation works need to be located. He put a flash on number of international and National issues on which issues were solved through mediation and dialogue process. The session was a successful one where all the participants express to have such programme in the days to come. The programme ended with mass prayer.

#### 3.2.6

Interfaith coalition meet on peace building was held in Wokha at Wokha Town Baptist Church in collaboration with Wokha Town Pastor Fellowship (WTPF) on 20th October 2018 with the theme, "Transformed to Transform the Society." the programme was attended by various churches and dignitaries like Shri. Suraj Kumar (PRO) 28 Assam Rifles who in his message shared about the power of prayer for peace. He shared about his life experiences of how their prayer for peace and fasting declined suicidal cases in his neighborhood. Another was Mr. Tumben P Tsanglao EAC, Wokha, while stating the regards from Deputy Commissioner encouraged the stakeholders to reach out to all individuals, respect and understand everybody for a peaceful and harmonious living. Mr. Liangamang Robert, Peace Activist, was the resource person for the programme. He began the session with a question i.e. whether conflict is good or bad? In his training session Mr. Robert brings out three aspects of understanding conflict towards building peace; Conflict, Violence and Peace. He stressed that conflict is a part and partial of life. Conflict may be good or bad, it is based on how individual perceive.

#### 3.2.7

One day training programme on skills in peace building was held at Wokha for women leaders at EloeHoho Ki Conference hall, on 16th Nov 2018 where all the khel leaders' representative participated in the training programmed. Mrs. T LanusenlaLongkumer SDO (C), Wokha in her speech urged the challenges and responsibilities of being a mother and a leader where they have to balance the different ways of life towards the family in particular and the society in general. The resource person of the programme, Mr. Lawrence, Peace Activists in his session on skill in peace building talked on positive



responsibilities as leaders, selfless attitude, communication skill, cooperation and team work and tolerance. After collecting the different opinions of bringing peace from different representative the resource person explained the core concept of attaining positive peace which he said that, every activities involved in our life is unavoidable but if we can balance them constructively despite of all different negative social activities present which the people can co-exist with one another in spite of differences that society is at peace.

#### 3.2.8

Training of Trainers was conducted on 23<sup>rd</sup> February 2019 to the People Forum for Peace (PFP) in Wokha at DBS Youth Centre. The training mainly focused on two aspect of equipping oneself as a conflict solving agent through healthy conservation and communication. The resource person Mr. Patton encouraged the participants to keep





advocating healthy dialogue in conflict situation at all levels whether in the family, within their peer group or the community at large. Mr. Patton pointed clearly in his presentation the ways of changing the conflict situation, attitudes, expectations and habits through dialogue. And the ways of effective learning and making the institution student-centered for quality education. Mr. Vincent Kikon, Coordinator of the

District while interacting with the leaders advocated on the importance of healthy living by practicing daily, the ways to attain inner peace through healthy sharing and free flow conversation of our emotions.

#### 3.2.9

A programmed on "Dialogue for peace" was conducted by Peace Channel on 28th February 2019 at Holy Cross

Parish Church, Dimapur. The main objective of conducting this programmed is to make the participants understand the importance of dialogue and its relevance and importance in the field of peace building. The programmed was chaired by Mrs. Rita Kikon. The resource person for the programme was Rev Dr C.P. Anto. To begin with he stressed on the concept of dialogue and its importance in the field of peace building. He stated that dialogue is a conversation between two or more people or taking part in a conversation or discussion to resolve a problem. The resource person explained the meaning of inner peace. Inner peace or peace of mind refers to a deliberate state of psychological or spiritual calm despite the potential presence of stressors. Inner peace means peace within oneself even in the midst of war or conflict. He said, the path to find inner peace is through acceptance. The first step is accepting oneself (Self-acceptance). Once we accept ourselves as the way we are, it becomes easier for us to fight with the conflict that is within us. The session was concluded with so many learning insights by the participants and they express to have such training programmes in the days to come.

#### 3.2.10

A training programme for the women SHG was conducted on  $8^{th}$  March 2019 in commemoration with International Women's Day with the theme, "Equal rights, equal opportunities: progress for harmonious living". The program was invoked by Rev. Fr. Dr. Matthew Thunimpral, Parish Priest, Principal St. Joseph School, Nuiland. Dr. ToliKiba, Asst. Prof. NEISSR the resource person shared about the evolution of International Women's day and how it came to track back to 1908 when 15000 women marched through New York City demanding their voting rights, Better pay, and shorter working hours. International Women's Day is celebrated with different themes. This year 2019 "think equal, built smart, Innovate for change, balance for better". She also stated that inspite of woman's movements and celebrating international woman's day every year, gender equality has not been realized. She also stressed on Good governance and how it can effectively helped them in administrating and smooth functioning of the society. The concept of good governance is as it keeps changing due to overall societal change. With the emergence of modern democratic system many roles and responsibilities automatically got transferred to the government as an instrument of the state and participation of women in it thus becomes a major part. She also shared about the values of peace building that can resolve conflict and can help them in effectively helping them to have a smooth functioning in the day to day to life. She also stated that beginning of every change is the individual, his/her attitudes knowledge, values and actions and so every individual should initiate with the change by diligently following the principles of Good governance. All together 31 women from Niuland area were presented in the program. The special guest for the programme was SDO (Civil), Niuland: While addressing the participants, he shared that no matter wherever you are,

you are all equal and therefore one must fight for one's own rights. Man folks should also encourage the women to come out of their comfort zone and initiate in social activities.

#### 3.2.11

Capacity building on Peer mediation was conducted at Lotha Baptist Church Sethiekima 'C'on 31st March 2019 withMr. ChumdemoOdyuo as resource person. The session began with the brief introduction on Peace channel and its activities such as Annual Peace knit Fest and peace awardees for person who has contributed to peace building in the state, the peace celebration in schools and colleges, capacity buildings and career guidance seminars etc. He also shared about the Peace campaign "Peace to all 2013" where peace channel aims to make Nagaland a model for peace building in North east and the world at large. The resource then explained about peer education where a trained volunteer take the initiative to educate his/her peer on different issues like health and development, environment, self development and leadership skills. Mr. Chumdemo then explained on the importance of peer mediation in the institutions and localities and how it will help to bring a positive peace to the society. He also explained in brief about the steps involved and principles for a peer mediator and mediation. Firstly the mediator should get each side of the story which will eliminate biasness. Secondly, to let both the sides express their feelings which will help the mediator understand the level of emotional level of the person at the same time help the person take off the weight off his/her shoulder. Thirdly, to brainstorm or collect ideas of

solutions to the problems which will involve both the parties along with the mediator. Brainstorming solutions will also mean the applicability to both the parties. Fourthly, when they have found a suitable solution, the parties can be made reach a consensus or compromise on the situation which will then proceed to signing an agreement which is the last step in peer mediation. both the parties will be asked to



give their consent that there will be no more conflict from the same problem or issues. The resource person also explained the participants about the basic principles which are; to be neutral which indicates that the mediator should not take any sides even if between families or friends.

#### 3.2.12

Peace channel organized "Inter Religious Dialogue and Peace Building in Nagaland" on May 19 at Medziphema Town Hall . Ma'am VitonoGuguHaralu, Director of Pathfinder was the facilitator for the discussion and dialogue session. She emphasized on peace in the community and that personal perspective (on peace) leads the community for a better tomorrow. During the session, the participants were given time to share their thoughts and understanding of Peace. The participants shared that acceptance and respect of other religion is important to the upliftment of the community. Every religion need peace and every religion teaches about peace. Other shared that peace is unity, loving one another and helping one another and as such to spread the message of peace, one should start from within oneself and the family only then there will be real peace.



They believe that, through peace we can overcome the challenges of 'ism'. The Moderator also shared her experiences on different conflict situations citing an example of different denominations in the society which has divided the people and the church. She also raised a question to the participants: We Nagas are tolerant, but what is the basis of our tolerance? And how long will it last? After the discussion, action plan was made along with the community that more programmes be initiated

and trainings on Peace and relevant topics to the youth, religious leaders and community leaders.

#### 3.2.13

One day panel discussion on Inter-religious dialogue and Peace building in Nagaland was held at Peace Channel conference hall in collaboration with People's Forum and Dimapur Christian Forum on 13th May, 2019. The main objective of the discussion was to celebrate the diversities of faith traditions in the state by respecting the differences and sharing the common values and making best of all. Mr. Tajuddin Ahmed from the Muslim community started with the greeting 'Ars-shalam-u-ali-kum' and 'Waha-ali-kumar-salaam' and translated as "Peace be upon you" and returned with as "peace be upon you, too". He also said that "Jihad" is generally misunderstood and misdirected but it truly means fighting the evil from within

ourselves and not among different communities. Before winding up he asked different religious communities to come together as one and help in the upliftment of the society and also in making peace. Mr. Ajay Sethi from the Jain community talked about the religious principles and traditional practices of the community. He highlighted three key cornerstones of Jainism such as non violence, reciprocity and charity. He stressed how charity was important to achieve inner peace among the true adherents of Jainism. Mr. AlokPareek from the Hindu Community highlighted three main aspects of Hinduism as ways of life which included, Cleanliness of soul, body and environment, Respect towards



elders, Spirituality. He also shared some mantras as techniques to achieve inner peace in life. Rev. Dr. P Dozo speaking at end from Christian perspective laid high importance on reconciliation and relationship with God.Following the first round of panel discussion all participants present shared their perspectives on inter religious dialogue and peace building. The moderator highlighted his observations on how men and women look at religion/ faith differently but complimenting to one another in actualizing the core values of all religion.

#### 3.2.14

Peace Channel organized inter religious conclave on 19th May, 2019 at Phesama Council Hall. Associate Pastor Methasieo from Baptist Church Phesama invoked Gods presence. Mr. Yhome, DPA of NSDMA under the parent department of Ministry of Home Affairs gave an overview objective of the conclave. Deliberated further upon the three distinct levels of peace; society, family and individual. He said that the Hurts not transformed are always transferred. Therefore, it is important that hurts generated due to differences caused by tribe, religion, denomination or family should be transformed lest it will be transferred to the younger generation and later to their children which would prove fatal for the social fabric. He continued stating that if there is something wrong in the society, it means something is wrong in the family and peaceful coexistence is so vital in the family. In his concluding phrase he encouraged the participants that,

as church leaders, it is important to introspect and reason out whether one is really teaching and leading its congregation with the gospel or the denomination teaching.

#### 3.2.14

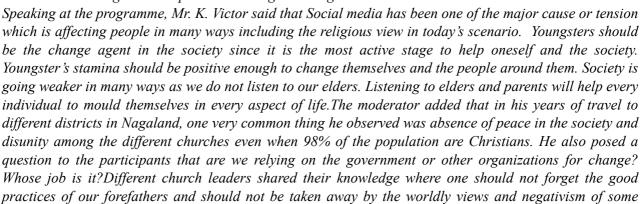
On 25th May 2019, Peace Channel in collaboration with Council of Kacharigaon has organized a program on 'Ecumenical dialogue and Peace building in Nagaland' at KachariGaon (Phevima) village Panchayat Hall.

Mrs. Elizabeth Humtsoe, Assistant Professor City Law College, Dimapur, was the moderator for the session. Speaking of which she explained the meaning of "Ecumenical Dialogue" and the main purpose of the dialogue is to develop a closer relationship between the denominations. She also stated that, this programme is to equip ideas and thoughts from one another and to handle the conflict in the society even though there is no outward conflict; there is always an inner conflict, in the form of hatred, non-acceptance, and many more. Mrs. Elizabeth also said that every individual has different good qualities. She encouraged the participants that we should not use the gift of love and understanding from God to judge and discriminate others. She also focused on the shift from our micro identity to macro identity. Exposing others on social media is also a form of conflict. During the discussion the participants shared their view on peace

and the reasons of conflict. Irrespective of any religion and denominations, peace can be obtained when individuals do their work sincerely and honestly showing transparency in their work.

#### 3.2.15

Peace channel in collaboration with the Jakhama Village Council Kohima organized a one day on 26th May 2019 for ecumenical dialogue and peace building in Nagaland.



people. A person who has peace within oneself and spread peace looks beautiful. If a person has no peace of mind, he or she cannot solve problems in life so we should try to understand people and allow peace to come in our life so that we can share it with people around us. The women leaders who were present at the program also shared that it is also the duty of every elders and parents to pray for everyone and responsibility of every human being to fear the lord and forgiving one another which will lead to peace and harmony in all the societies. In conclusion, the moderator Mr. K. Victor added that we vaccinate the child not because he is sick but to



prevent him from further diseases and to help him and nurture him for the future life similarly, if the elders are honest, we can be honest and even the coming generation will be honest.

Ecumenical Dialogue and Peace Building was held on 6th May 2019 at Khuzama Village Council Hall. Participants representing various church communities and village council members attended the program. The program was aimed at enhancing peaceful co-existence among the various denominations in the community. Mr. K. Victor, District Project Associate, Nagaland State Disaster Management Authority (NSDMA), Nagaland, moderated the panel discussion on 'Ecumenical dialogue and peace building in Nagaland. He highlighted the main purpose of Peace Channel is to promote youth and churches of different



denominations making peace in the community and society. And in that the importance of the ecumenical dialogue in bringing individuals and family to mutually appreciate and cooperate in maintaining social harmony and peace in the society. He also stated, Peace channel was set up mainly for youths to cultivate peace and spread it.

#### 3.2.16

Consultative meeting on Ecumenical Dialogue and Peace Building was held on 15th June 2019 at CAN building; Participants representing various denominations like Christian Revival Church, Catholic Church, and Baptist Church attended in the consultative meeting after which Mr. Arhomo C Ngullie while addressing in the meeting, He pointed out and firmly believes that ecumenical means Unity and one must find spiritual unity by keeping Christ as a focal point. He elicits that in order to find common ground and successful ecumenical dialogue Christ must be kept in a focal point,



being sincere to the faith and maintaining, mutual pastoral accountability. For the successive process one must pursue "Dialogue of Love" and "Dialogue of Truth". During the meeting some of the agenda taken were, each participant will take the initiative to meet and invite their own respective denominations church/community leaders for the next programme. For the next programme, the leaders present during the programme, fixed the date on 17th July 2019 at LCS building, Kohima. The participants took pledge to work towards Peace and dialogue in their own respective churches.

#### 3.2.17

One day program on Ecumenical Dialogue and Peace Building was held on 16th June 2019 at Cathedral Church, Participants representing various associations like youth; women and elders church attended the program. The program was aimed at enhancing peaceful co-existence among the various denominations in the community. Rev. Dr. George KeduolhouAngami, Vice principal of St Joseph's College, Jakhama was a resource person. He began with the appraisal that Peace is a youth and inter-faith movement brining individuals to a common ground for dialogue for peaceful coexistence and harmony in the society. Fr. George



gave an outline on the aspect of ecumenism, how it evolved and its importance. He also cited that one of the reasons leading to this difference is the ways of interpretation of the same Bible and its implementation which widely varies from ministerial to ministerial. As such when there are differences of interpretations that have led to mistrust between denominations. Later, Mr. Arhomo C Ngullie, Trainer and coordinator of peace channel facilitated a demonstration on Dialogue and Negotiation by inviting some of the participants

to the stage. After which he highlighted the importance of dialogue and negotiation towards rebuilding Nagaland. He also presented the Objectives, Moto, Vision and outcome of Ecumenical Dialogue and Peace Building in Nagaland.

#### 3. Formation of People's Forum for Peace (PFP)

#### 3.1. Zeliangrong village

On 15th of Aug 2019, The Peace Channel has organised the Leaders Training Program on Peace Building in the Zeliangrong Council Hall. The program was chaired by Ms. Garrol the Project Coordinator of Misserio the initiative of peace channel. Garrol started the program by saying "Peace to You" she said that peace is something needed in our society and cultivate in oneself to have peaceful environment in our society. Followed by opening prayer MrAjanpu, the village secretary. Welcome speech by Mr. Heling, the village chairman thank the organisation for the initiatives. The Director Fr. Dr C.P. Anto elaborates on the importance of Peace Building. It is not only about one religion, tribe and community, it's about human being. He talks about the origin of Peace Channel. He has enlightened the participants that we must all live in peace otherwise we will all parishes in the flame of hatred. He also encourages we must prevent, intervene and solve the problem together that is the mission of People Forum for Peace (PFP). The program concluded by Dimapur district coordinator Caroline saying the vote of thanks. The 39 participants who attended the program were from different community and religion. The program was to spread peace in the locality through leaders, which the organization is going to train.

**Evaluation:** The program ended with an action plan for the capacity building program

#### 3.2. Viola colony

Peace channel conducted a one day seminar with the aim to strengthen the local capacities for peace and enabling the community members to act for peace. The community members of viola colony formed a group under People's Forum for Peace organized by Peace Channel on 26<sup>th</sup> August 2019.

VitonoGuguHaralu, Animator, Peace Channel and social activist as the 'Key resource person 'Speaking on the need of peace makers, she said that anybody who wants peace for others as well as the individual can become the channel of peace. She stated that if there is any conflict in a family, especially among the parents, children are the ones that are affected the most and are traumatized by it, which has its own side effects and children grow up following their elders, repeating and causing the same problems. She also added how anger can be easily transferred from one individual to other, then to family, clan, and village and to the society.

The speaker mention that we living in a global community with different tribes and villages, if any major conflict arises among the tribes it also affects us individuals



where we tend to follow and support our own people without knowing the root cause of the problem. The speaker expressed that peace is much needed in our community and within us and it can start by trusting one another and peace can be prevail only when the community members have the zeal to work on the conflicts and have the urge to resolve only there would be peace.

She also stated that peace movement began in Nagaland through training of stakeholders in clubbing elder's, women and youth in the use of various tools and skills on peace building to become a channel of peace in the region.

At the end of the workshop time was given to the members to share their opinions and doubts regarding the workshop on PFP and Mrs. KereiPfukha, women leader of viola community shared her appreciation towards the organization for conducting such workshop and also she encourage the members to participate and following this forum will improve and bring amongpeace neighborhood she also stated that such seminar are a 'mind' the Peace Channel for PFP seminar. refreshment' for each individual.



Figure 1 Mrs. KereiPfukha, expressing her appreciation toward

Mr. M. PangerImchen, council member of the community also said that he first had negative thought about the organization but he confess that he was wrong and appreciated the stand taken up by Peace Channel and he also said that problems and conflicts are there amongst the community but we are not open enough to talk about our problem to other as it is our nature to maintain the culture of silent. Due to communication gap few other council members also had similar thought to Mr. M. PangerImchen about the purpose of the organization but after the seminar, all the members agreed to have problems in the society and are in need of PFP. So the members and elders of Viola colony express their gratitude and appreciation towards this seminar and have generally decided to form a peace forum in the area and become the channel of peace with further meetings. The seminar ended with a benediction by Mr. KikumSungba, GB of viola colony

#### 3.3. Sachu colony

Peace Channel conducted a one day seminar with the local members of K. Sachii colony, the purpose of this seminar was to strengthen the local capacity for peace and enabling the community members to act and become the channel for peace. The community members of K. Sachii colony formed a group under People's Forum for Peace on 27th August, 2019. 45 members from the locality attended for the PFP workshop.

The program started with an invocation which was by Ms. Caroline, Program Co-ordinator, followed the welcome speech which was taken up by Mr. Japan Sachii, Chairman of Sachii colony. He also said that Sachii colony is a diverse area with different ethnic tribes and localities. He also said to his members that one should not feel inferior or 'temporary Tenant' member in the community instead consider themselves as brothers and sisters and strive together to work in unity and for the peace.

The Program co-ordinator also gave a brief introduction on the works carried out by Peace Channel and where it strives to bring peace among the community members, tribes and family members. She also talked on the importance of stating peace from the grassroots level, she also mentions that the forum is not just initiated for the Christian but for every individual in all aspect to achieve peace.

Dr. DebanBachaspatiyun, Asst. Professor of NESSIR, key resource person, spoke on the need for peace. He first started his session by asking the community members if they want peace and know how to make peace, then he called out for volunteers to show, whenever there is conflict between two individual one win and the other loses which is how we normally try to resolve it even when we thought education would bring peace there were rise of more conflict. He said



that, we should try to focus on solving the conflict Mr. Japan Sachii , GB of Sachii colony, giving it's vote of thanks  $_{28}$  and benedicting the workshop.

in different manner where both individual are at peace without further arguments or negative intention in their hearts and to just let go of it. He then mentions that we should learn and improve our strength in calmly listening the other person and not react instantly to every argument thrown toward us. He also spoke on the formation of People's Forum for Peace and also its importance and functions. So the members of K. Sachii colony express their gratitude and appreciation towards this seminar and have generally decided to form a peace forum in the area and become the channel of peace with further meetings. The seminar ended with a benediction by Mr. Japan Sachii, GB of Sachii colony.

#### 3.4. Peren town

The Forum was led by Pastor HaizuNza, Peren Town Baptist Church, welcoming each member for taking time out and making an effort to attend the program. He briefed the gathering on the purpose and his personal experiences trained on Peace and conflict few years ago and how it benefitted him professionally.

The Resource Person Ms. VitonoGuguHaralu, spoke on the journey of Peace Channel and its



activities and the upcoming plans in Peren District specially Peren Town and Jalukie respectively through People's Forum For Peace for adults comprising of all stakeholders with equal representations and Peer mediation for youths.

She also explained how the forum can form with the objectives and goal settings it will require. On the note, the members of the forum were asked to share their personal opinions on how they look at conflicts in their local space and what they feel and think about it.

Having said that, the members took time and spoke about the kind of conflicts they had experienced and their realization on the issues after listening to the purpose and definitions of what kinds of issues human is involved with by nature and by forces that influences disturbances on relationships.

#### Participants sharings:

"When two of my children are quarrelling and I happen to witness that, my first attempt is to silence my daughter and teach her why she should be more mature and calmer and not fight with her brother. Having realised how I had been doing it wrong, I should have actually asked what the fight was about and hear out from both sides. Rather, I was asking my daughter to lay low and behave and control her temper. I raised my sons with much more love then my daughters. I know what fruit it has bored when I see today"

"my two kids are 4 year old twins, a boy and a girl. When they fight, I see the boy pulling his sister's hair and taking her share of toys apart from his. I realise today after listening to my elder through her realization, that I also need to check on how I discipline my children"

"We need to know how to resolve conflicts that occur in the family, community and with our neighbour".

"The customary law is imbalanced when we study and look into many judgements passed specially in the case of women and children issues. We experience discrimination in the judgement"

The forum members, gave their approval and reasons why PFP and Peer mediation was important and how it will help them to grow and learn to serve better the people of Peren.

Youth felt that doing combine workshop will strengthen in understanding and bridging communication gaps that often occurs between elders and young people. Likewise, the elders too agreed.

Lastly, the forum experienced a wind of change in attitude after sharing's and exposure to various instruments to look at issues without resorting to violence and how one can be a channel for peace and keep the family together.

#### 3.5. Jalukie Valley

On 29th August People's Forum for Peace formed in Jalukie town at Jalukie Town local Baptist Church Conference Hall initiated by Peace channel, Dimapur. The program started an invocation by Dr. MongzeungMpom (JTLBC Pastor). Mr. Albert N Hau (JTLBC Youth Pastor) led the program by saying "we need peace in society". He shared the need



and

was

with

importance of peace forum in society where there is conflict

VitonoHaralu (social activist), key resource person, spoke on the objectives of the forum and how it can come into existence. People's Forum for Peace strives towards promoting peace and harmony in the community by bringing people together collectively she said. This forum gives a platform of equal representation of members from all walks of life. She further mentioned that peer mediation and People's Forum for Peace will empower the community people to facilitate any conflict situation and also will help the people to make justice in decision making. She concluded by saying that it is only possible to form the Forum if there is an equal opportunity for people to share their opinions and experiences as it an inclusive forum for all the sections of groups.

The members were also given the opportunity to share their thoughts and opinions of the Forum to be formed. Some of the issues identified from the discussions where alcoholism, leadership problem, family issues and also bad network connectivity in the



town. Further, the members understood the purpose and objectives of the forum and thereby, the members unanimously agreed to form People's Forum for Peace with the perspectives to promote peace in the community. The Program ended with a benediction by Mr. Hauneu, Chairman of Old Market Colony, Jalukie Town.

#### 3.6. Wokha

Peace Channel conducted one day training program for the community and religious leaders on peace building in Wokha at Pangti Conference Hall. Speaking on the occasion Mr. YampothungEzung stated that Peace Building is an activity that aims to resolve injustice in nonviolent ways to transform the cultural and structural condition that generate deadly or

destructive conflict. It revolves around developing constructive personal, groups and political relationships across ethnic, religious, class, national and racial boundaries. This process includes violence prevention, conflict management, resolution or transformation and post conflict reconciliation or trauma healing; before, during and after any given case of violence. Problems within a community can prevent people from



living safely, happy and productive lives. Promoting peace in a community is an extraordinary challenge and it often requires the work and dedication of many community members. However one can help to promote peace within the community by encouraging good relationship with owns neighborhood by learning more about the community's history and taking action to deal with violence, he added.

On this note the resource person Mr. Ezung presented three methods of peace building in the community. In the first method the resource person lauded the participants to **promote** peaceamong the community people and become more familiar with the community which is the

first step to achieve the goal. Mr. Ezung further gave six techniques to achieve this process of peace building.

#### Evaluation:

The program was indeed inspiring and everyone agreed to multiply the seed sown in their communities to make the brighter future for young generation. The event was appreciated by all the participants and commented that such program will be taken further for the betterment of the people in general. It was also learned that about 87% of the participants understood what has been told and further assure to promote in this perspective.

#### 3.7. *Oriental Colony*

Consultative meeting cum formation of PFP was conducted at oriental colony community hall on  $2 \ 3^{rd} A u g u s t 2 \ 0 \ 1 \ 9$ . The resource person Ms. Vitono Gugu Haralu, Project Coordinator Peace Channel began with a welcoming address and

followed by an invocation prayer by Dimapur Coordinator Caroline. After the invocation, the resource person started with a question, if the members were aware of Peace Channel and few raised their hands. She briefed about the concept and works of peace channel and also how PFP forum was initiated to prevent and intervene any conflict situation in the environment one lives in or in a community. She also said that Nagaland including the six neighboring states is all in conflict zone. And also majority of the elders have all experienced and grew up in such conflict situation at some point. She also shared the possibilities of different kinds of conflict and situations



faced in a community. Most of the time we become the source of conflict, be it individual, family, clan or even community, sometime the problems are natural some are made up and some comes through external force. She later stated that peace is needed in every community, religion and tribes and it can prevail only when one starts to take up the initiative in order to bring peace in our society and among ourselves. She encouraged with the vision to sustain the Peace movement to become a lifestyle by training all the stakeholders such as leaders, elders, women and youths on different tools and skills on peace building and as peace ambassadors.

Time was given for the participants to share their opinion, raise doubts and confusion regarding the orientation on PFP and its importance.

Mr. R. Rempi Odyuo, chairman of the area took the first opportunity and shared his opinion by stating that we are always in a disputed situation and are very much unaware of our surroundings. He also encourage the members to participate and not ignore the situations so that we a have a sense of role to play and contribute. He also said that if there were any conflicts in a family as neighbors they were affected too but so far no major conflict have occurred and for the minor cases such as students committing crimes are always given a second chance. He also mentioned a case with T L Angami and that the issue was taken up to Supreme court which was resolved and they are now at peace.

Later Mr. Khiiheshe village GB also shared that he sincerely feels that this is all God's plan for their colony. And also reasons that Government collage is running well is because of the colony members, they protected and took care of the collage and contributed to even host all Naga Student conference.

Mr. E. kikon member of peace channel/ chairman of Lotha HOHO Dimapur also said that everyone is in need of peace and we are to build each generation from now on men, women, youths and children and it should be a continuous process.

At the end of day members and the elders of oriental colony have unanimously decided to form a peace forum in their area with further meeting and the colony GB gave benediction followed by light refreshment for all the members gathered.

#### 3.8. Jakhama

On 7th September 2019, the first People's Forum for Peace (PFP) meeting programme was held at Panchayat Hall, JakhamaVillage. Ms. Alino S Chishi, Peace animator facilitated the meeting. Ms. VitonoGuguHaralu gave an input session. recapitulating the vision of PFP she emphasised on how the members can work individually and collectively to promote peace and harmony in the community. She shared how the PFP can explore strategies of



building peace, develop the potentials within individual to form responsible, transparent, honest and diligent leaders. She also highlighted the concept of PFP in line with peace building; how the members can analyze root causes in different conflict situation and how one can intervene according to different situations. She reminded that the initiative is not about imposing solutions, or preconceived ideas rather involves self-analysis and helps support its members and communities to develop their own means of strengthening social cohesion and of building

capacities to reach solutions that are peaceful and just. Later, dialogue proceeded on the understanding of peace and conflict where all the members shared their perspectives, majority expressed that peace means harmony with oneself and with others. While conflict means disagreements, differences of opinions and perception. One issue was raised by a member where everybody was given time to share. After sharing, an opening on the importance of dialogue was enlightened where Ms. Gugu said that listening skills is very much apart of peace dialogue and that one should have thought processes and control self assumptions. During the evaluation it was felt much that PFP is the basic need of an hour, as expressed by majority of the members. The next meeting was decided to be held on October the meeting concluded with a mass prayer

#### 3.9. Chumukedima

One day consultative meeting cum formation of PFP for the women group at St. Joseph Hr. Sec.

School, 7th Mile, Dimapur was organized by Peace Channel.

Mrs Agnes Patton, Women group leader, gave welcome address, followed by a brief introduction on PFP forum by Mrs Caroline Leisan, Dimapur District Coordinator.

PFP is a family of peace lovers and peace promoters who comprise of a group of people coming from different background and



professions. A forum that focuses on bringing people together to know each other and discuss about the issues concerning the society, especially those which acts as a barrier towards peace building.

The Resource Person MsVitonoHaralu, Project Coordinator, peace Channel started the session by saying that Peace in meant for every

individual, adults, youth and Vitono Haralu, key resources person, sharing on PFP to the women's group at 7th Mile.

children and in order to share and

spread peace, we must first find our own peace through reconciliation, forgiveness and the need to heal and in due course it does have an impact on our daily lives which may side track our focus and concentration and mental balance of the person if not checked and taken care.

She shared the importance of women as peace keepers, peace builders and mediators and contributions of women on the role plays and different capacity in a family, society and community who are actively involved and how it is necessary to empower women with information and knowledge sharing for better decision making processes at all levels. The resource person also added that healing is very needed, it is not for any the outsiders to see but one's own personal healing and also there are two ways of dealing with peace: Negative Peace we cannot start with

negative foundation, one might be at peace for a while but it will surely destroy the person whereas for positive peace one must start with truth and honesty so that the person has nothing to hide and be at healthy state. So we need to reflect ourself where we stand and not go back to the past but look forward for our better future and also forgiveness to ourself and also to the others which is very important so that one can be at peace. The women group were all mothers and it became an opportunity to educate them on relationship between couples and as parents and how it influences children to experience and understand what peace is and how conflicts are resolved in a family atmosphere first. The importance on personal change stories has the power to influence and help people have change of hearts and heal. Later after the session, the trainers gave an open floor to the group to raise any questions, feedbacks or share their problem and few women stood up and share their family problem and their experience as on parenting.

The formation of the PFP was done through voting, where everyone agreed and they also elected MrsEmilo Martha Ezung as their Leader/Group coordinator of PFP 7th Mile, Dimapur.

Closing prayer by Emilo Martha Ezung, women leader of PFP, 7th Mile.

Total 32 women participated from all walks of life and agreed to commit themselves to be trained by Peace Channel for a year on Peace Building.

3.10. Y Zhimomi colony

One Day Consultative meeting cum formation of PFP at Y Zhimomi Colony Dimapur, organized by Peace Channel.MrNilmani Singh, General Secretary of Y. Zhimomi Colony gave a warmed welcome address, followed by a brief introduction on PFP forum by Mrs Caroline Leisan, Dimapur District Coordinator.

PFP is a family of peace lovers and peace promoters who comprise of a group of people coming from different background and professions. A forum that focuses on bringing people together to know each other and

discuss about the issues concerning the society, especially those which acts as a barrier towards peace building.

The Resource Person MsVitonoHaralu, Project Coordinator, Peace Channel. She started the session by saying that every individual, colony and house has their own conflict. Anger is contagious and it is often transferred from one person to the other, which affects not only the adults but children. Peace and conflict comes in different shapes and it is often influenced by circumstances. Yet it depends a lot on how and when it is stopped for avoiding damages. For peace to prevail anywhere ,an individual's role is very important to be the peace maker, peace keeper and peace builder.

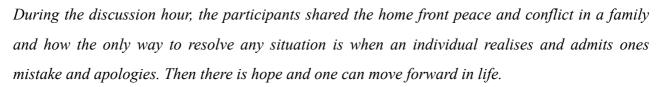
She stressed upon the foundation of peace and conflict relationship beginning from home to

society at large and how often we see only the external element and not the internal system of

a person's contribution and the ability to bridge the gap by experiencing first on personal

reconciliation, forgiving oneself and towards others and how this whole process is based on

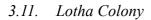
truth telling with love and humility.



At the end of the program the group was formed and Rupa Bora was chosen as the leader of the PFP forum.

Closing prayer by MrAtomiKinimi, Y. Zhimomi Colony Dimapur.

Total 52 participated from all walks of life and agreed to commit themselves to be trained by Peace Channel for a year on Peace Building.



People's Forum for peace Initiated by peace Channel, the objectives of the seminar was to 'strengthen the local capacities for peace and



enabling the community members to act for peace'. It is a holistic approach and it focus on colony; villages and including churches. 18 people participated from all walks of life and agreed to commit themselves to be trained by Peace Channel for a year on Peace Building.

A warmed welcome address was given by Mr. M John, Catechist of Holy Trinity Lotha Catholic Church, followed by a brief introduction on PFP forum by Mrs. Caroline Leisan, Dimapur District Coordinator.

The Resource Person MsVitonoHaralu, Project Coordinator, Peace Channel started the session by saying no one is perfect in this world but a person who is able to realize his or her mistake and admit it by saying sorry and build relationship or try to correct their personal life by doing the right thing can direct others and strengthen them have the right to talk about peace. We should

first heal our self in order to heal others. She also said that every individual have their own gifts and are gifted differently in the making and building the bridge to people for peace.

She also highlight on the different types of peace activist: peace keeper, peace maker and peace builder and contribution of an individual role plays and different capacity in a family, society and Community. She encourage the members who are actively involved in the society to be a peace activist and empower the people with information with knowledge sharing for better decision making processes at all levels. Build relationship and encourage people through changing our lives by transformation of our action.

She said that in a family, starting from one member of the family in order to balance and maintain

peace in their life, it can only happen in truth and not on a lie and one must start to share with our love one, have conversation and express out their feelings. When men and women listens, God acts and when men and women acts, men and women hearts change and God intervene and that's how nation changes, so men and women should have a heart to change for colony community and for family to change and it all begins from one person.



The elders also share their concern

and their individual thoughts on what peace is, through sharing from their own personal experience and gave advice on the 3 principles of peace which is 1.God, 2. Forgiving and 3.Loving.

Closing prayer by Mr. W. Thomas, Assistance Catechist, Holy Trinity Lotha Catholic, Lotha Colony, Dimapur

#### 3.12. Chungaizeang colony

Peace Channel conducted a one day seminar with the local members of Chungaizeang colony, the purpose of this seminar was to strengthen the local capacity for peace and enabling the community members to act and become the channel for peace. The community members of Chungaizeang. Colony formed a group under People's Forum for Peace on 14th September, 2019. 42 members from the locality attended for the PFP workshop.

The program started with an invocation which by Mr. MakusingKamei, followed the welcome speech which was taken up by Mr. Poujua k Lung, GB of Chungaizeang colony. He also said that Chungaizeang colony is a diverse area with different ethnic tribes living together.

The Program co-ordinator also gave a brief introduction on the works carried out by Peace Channel and where it strives to bring peace among the community members, tribes and family members. She also talked on the importance of stating peace from the grassroots level, she also mentions that the forum is not just initiated for the Christian but for every individual in all aspect to achieve peace.

Dr. Deben Bachaspatiyum, Asst. Professor of NEISSR, key resource person, spoke on the need for peace. He first started his session by asking the community members if they want peace and know how to make peace, then he called out for volunteers to show, whenever there is conflict between two individual one win and the other looses which is how we normally try to resolve it even when we thought education would bring peace there were rise of more conflict. He said that, we should

try to focus on solving the conflict in different manner where both individual are at peace without further arguments or negative intention in their hearts and to just let go of it.

He then mentions that we should learn and improve our strength in calmly listening the other person and not react instantly to every argument thrown toward us.the resource person alos spoke on the difference between Debate and Dialogue, where we should focus mainly on dialogue because it deals mainly on



listening and trying to understand the issue and working towards a peaceful solution, through dialogue we can reach reconciliation and peace, whereas the latter just focuses on speaking to reply rather than thinking and listening for a peaceful solution. He also spoke on the formation of People's Forum for Peace and also its importance and functions. So the members of Chungaizeang colony expressed their gratitude and appreciation towards this seminar and have generally decided to form a peace forum in the area and become the channel of peace with further meetings. The seminar ended with a benediction by Mr. Poujua k Lung GB of Chungaizeang colony.

#### Peer Mediation

Peer Mediation is problem or conflict solving by youth with youth. It is a process by which two or more students involved in a dispute meet in a private, safe and confidential setting to work out problems with the assistance of a trained stent mediator or a facilitator.

How does it work?

- *Getting each side of the story*
- Eliciting feelings from both sides
- Brainstorming solutions
- Compromising to make an agreement
- Signing an agreement

#### Four basic Principles

- Neutrality
- *Self determination*
- Confidentiality
- Voluntary consent

#### Student assistance program

- Self-esteem
- Anger management
- Men's group
- Women's issues
- Family issues
- Grief and loss
- Decision making
- Drug & alcohol
- Children from divorce families

## Peer mediation results

- Peer mediation programs are very successful when students are trained effectively.
- 58% 93% of the time success was achieved.

## Success is measured if agreement was reached and maintained

- 36% reduction of school wide general disruptive behavior, this includes fighting, verbal abuse and arguments.
- Two studies have shown that peer mediation has reduced 75% of theoccurances of suspensions.

Peer mediation and education are the most cost effective methodology for behavioural change in young people. Trained peer educator or mediator gets an opportunity to educate his/her friends individually or in a group to develop a greater understanding of health and developmental issues to bring positive change.

Currently, peer mediation is running in four districts of Nagaland, namely, Dimapur KohimaWokha and Peren.

# 1. Training programme on Peer Mediation

Mt. Tiyi youth conference Hall, Wokha.

Peace Channel organized one day program on Peer Mediation on 30th August 2019 at Mt. Tiyi Youth conference Hall Wokha. The program was attended by various colony youth wings, church youth leaders and neighbouring village Youth organisation. The program was chaired by Miss. Renthunglo Jami, invocation prayer was invoked by Miss. NzanmongiKikon, and Mr. Vincent Kikon District, Coordinator, Wokha delivered the welcome address for the occasion. The resource person Mr. Nchumthung .T.Odyuo took a session on "Peer Mediation". Stating on the occasion

Mr. Nchumthung shared that Peer Mediation is a communication process in which the individual with problem work together, assisted by a neutral third party, to solve the problem, a 'peer' is a person who belong to the same social group based on age, sex, occupation or social-economic background, a peer educator is a trained volunteer who educates his/her friends individually or in a group to develop a greater understanding of health and development issue to bring



positive behavioral change. Citing a comparative example of traditional and conventional teaching method he shared on how the authority figures resolve conflicts, peer mediation is a skill that teaches how to mediate disputes and negotiate solutions themselves. He also stressed on the need of Peer Mediation, Why Peer Education? It instills a sense of pride and patriotism in the minds of young people, empowering the peers by sharing of knowledge and skill development, he added. Peer mediation does not cost anything to solve an issue, it is one of the most professional ways of dealing and intervening conflicts. Mr. Odyuo further encouraged the participants to practice and take advantages of those skills within their peer member for better society.

#### Evaluation:

The discussion session was very interactive where all the participants gave their viewpoint about the session. The society has become up to some level where everyone is concern about individual benefit and social work become very challenging which the seed of change does not grow but if we work forgetting our selfish attitude there can be possible way for social harmony opined byMr.SenchumoNgullie from the participants. It was learned that about 89% of the participants understood what was taught during the session.

#### 1. Peer Mediation, Longsa Student Conference Hall, Wokha



Peace Channel conducted one day Peer Mediation program on peace building here in Wokha at Pangti Conference Hall. Speaking on the occasion Mr. Lawrence Lotha stated that Peer Mediation is an activity that aims to resolve any differences in nonviolent

ways. A peer can be understood as a group of member from equal social background e.g like youth club, sex, profession, classmate etc. The advantages of peer mediator or educator were, transparency of information and genuine opinions to solve an issue. By its process the member become closely attached to each other giving no room within them on basis of any differences. This can create better understanding of the problem by sharing and discussing the collected information with the members, he added. Mr. Lotha lauded the participants to work actively and share among their peer group on any issues and problems as they are the most important factor to bring change in the society or wherever they belong. One of the best ways for social change is individual transformation, and when the people share freely and address the problems in the society in a constructive way. The resource person further exhorted the participants to take the courage of sharing with one another and most importantly to have the competent to intervene conflict at any cost before further violence conflict is escalated.

#### Evaluation:

The program was stimulating and everyone actively participated in the session. The participants agreed to take the program further to sow the seed of change in their communities to make the brighter future for young generation. The event was appreciated by all the participants and commented that such program will be taken further for the betterment of the people in general. It was also learned that about 87% of the participants understood what has been told and further assure to promote in this perspective.

Teachers' training on "Friendly classroom environment and educate for transformative life", was organized by Peace Channel on 13th April, 2018, at St. Joseph School, Niuland. Rev.Fr. Mathew the resource person of the program shared about peace and how to promote peace to others being in a profession as a teacher. He also encouraged the teachers to create instructional environment. He said we should plan the instruction to make sure that the students are able to comprehend by using different teaching practices, such as lecture, hands-on activities, cooperative learning groups and



plenty of small group and individual practice. He also mentioned some of the ways to keep the hustle and flow going in your classroom and to help create a positive learning environment. Address students by name, Use "please" and "thank you", Listen to the students carefully and study their character and attitude and deal accordingly, Don't allow bullying/teasing/put downs, Make Eye Contact. The resource person also added that, while teaching any subject in a classroom, a conducive atmosphere accelerates the teaching-learning process, he concluded.

#### 3.4.2

Capacity building programme for youth club members on Peace education was conducted at NEISSR conference hall on 21st April 2018.

Addressing the teachers Mr. KishorDass the one of the resource person of the programspoke on the topic 'Education for transformative life' he expressed that education is an enlightening experience as it aims to develop wisdom within us to live righteously in the world.



Transformation is a marked change in the form, nature or appearance. He further spoke about how to use education for transformative life, Positive transformation, Changes in attitude, Changes in believe, Changes in the ability to think, Enhanced acceptance, Love and care, Peace. During the second session the resource person Rev. Fr. Dr. C.P Anto started his session with a question 'What is their example as a Teacher in the students' life? He also added that unfortunately we have twisted the education system. He also encourage the teachers not to teach as a teacher for the school but transform/ create a new society as the teacher are the shooter in the class room. He also added that we should initiated an education which build character, increase strength of mind, expands intellect and equip a person to stand on themselves. He also stressed on Mahatma Gandhi education system where education is for the Head, Heart and Hand.

# b. Quarterly Assessment and Evaluation meeting of PFPs and Youth peace club at Parish level

In this year two annual assessment and evaluation meeting was conducted for PFP and Youth Peace Club in the Parishes

i.

On 19th of April, 2018, Peace Channel conducted a program on Inter-religious Harmony and Peaceful co-existence at NEISSR (North East Institute of Social Sciences & Research) hall. All together 42 leaders from different religions, denominations, communities and organization were presented. The objective of the meeting is to evaluate the activities and functions of PFP & Youth Peace club, as well as to discuss the strategies on how to promote peace and peace building in the society. Rev. Fr. Dr. Anto the Director of Peace Channel, introduced the concept and objectives of Peace Channel organization and spoke in the

importance of Peace Channel and shared about his experienced on how Peace Channel has leaded a good impact to the people as well as the students of Peace Club members. He said that Peace Channel works for the Youths and children's in different field, the experience of changing attitude, changing of life and to make differences in individual's life.

Mr. TakuLongkumer a social activist spoke on religion, he said that everyone needs Peace and to create a better world we need to work together and respect one another. He also shared on how they carried out

their work experience in churches, temples and villages, to educate them on violence, Peace & Conflict. He also appreciated the works and service of the Peace Channel. He shared about his experience in leading with conflict & transformation and added that Conflict in Nagaland is very common and people still lack behind in achieving and promoting Peace. He added that being born & brought up in Nagaland, he began to know and understand them in order to serve the people in peaceful way and appreciated Peace Channel for how it has developed & transformed the students, give opportunities to all in order to enhance life through working for Peace on bonding people from different tribes and religion.



Mr. AhidurRahman spoke about his experienced working in Peace Channel organization. He spoke about how they resolve the various conflicts between Muslim community and Northeast people by means of peaceful resolution. He also appreciated Fr. Anto, for establishing Peace Channel organization in Nagaland. He also said that he is privileged to be the member of Peace Channel. Peace Channel has given him strength and also encouraged the people to work for peace and to promote Peace.

Ms. AngukaliChishisaid Peace Channel is to transform the culture of violence into culture of peace. The purpose of bringing the youth together is to form them into clubs and to provide them with an opportunity and the platform to excel in various fields. They are encouraged to be the lovers, promoters and builders of peace in their everyday life. She said peace celebration is the Hallmark of Peace Channel. It is the regular meetings of the quality peace clubs, where the members come together to share, learn and plan in view of building a peaceful society, they share their experiences and Express their aspirations in gathering, it is a Powerhouse from where a quality peace clubs members draw their strength for collective growth.

ii.

One day inter faith meet and panel discussion on religion perspective on peace was held during the event of 11th Peace Knit Fest 2018 at Town Hall, Dimapur Nagaland on 21st September 2018 with 52 participants form different religions and communities. The session was moderated by Dr. Deben Sharma, Asst. Prof. NEISSR. The panelists for the programmed were Rev. Moses Murry, Convener of Christian Forum Dimapur



from Christian community, Mr. Ajay Sethi, MD, NIIT, Dimapur, Secretary of People's Forum for Peace from Jain Samaj; Mr. AlokPareek from Hindu Samaj, Dimapur; Md. KalimurRahman, President Muslim Youth, Dimapur from Sikh community and Mrs. Soma Baruah, representative of Buddhist community, Dimapur.

The first speaker Rev. Moses Murry, Convener of Christian Forum Dimapur, spoke about peace in regard to Christian perspective. He begins with a bible verse John14:27 which says "Peace I leave with you; my peace I give you. I do not

give to you as the world gives. Do not let your hearts be troubled and do not be afraid". He stressed more on what the bible says about peace. In the Old Testament, the primary Hebrew word for "Peace" is shalom and it refers to the relationships between people.. The speaker talks about three application of peace namely Peace with God, Peace of God and Peace on Earth. Speaking on peace with God, he said when we are spiritually minded and obedient to the things of God, we will find Peace through God and peace with Him. Peace of God can bring a sense of psychological order to our life. He also said a person should also have peace with the nature and the people that surrounds him. He said, when we have peace of God activated in our life, others will be drawn to us to experience His peace. The speaker also stressed on how to be a peace

maker. He said one should plan for peace, empathize with people, attack the problem, not the person, cooperate as much as possible and emphasize reconciliation and not resolution. He concluded his speech by saying peace is the perfect gift of God and one should treasure it.

The second speaker Mr. Ajay Sethi spoke on Jainism perspective of peace. He stated, that Jainism believe in all forms of life. It believes that man has experience all forms of life from animals, birds, ants etc. He talks about 24 tirthankara. In Jainism, a tirthankara is a savior and spiritual teacher of the dharma (righteous path). Acording to Jains, a tirthankara is a rare individual who has conquered the Samsara, the cycle of death and rebirth, on his own and made a path for others to follow. He concluded his speech with the Peace Chanting.

The third speaker Mr. AlokPareek spoke on the Hindu's perspective of peace. He pronounced his speech with a quote "Student, the future of India". Then he further said, Hindu is not a religion but it is a way of life. Hinduism is based on culture. He concluded his speech with a short Veda prayer "If I am not in peace within myself, I cannot bring peace to anyone".

The fourth panelist was Md. KalimurRahman who spoke on Muslim perspective. He said that Islam itself means peace and that a true muslim is one who follows Islam. The fifth panelist Mrs. Soma Baruah spoke on the Buddhist perspective. She talks about peace at the individual level. She said there is no peace in the minds of individual. Every individual should first find peace within oneself and experience peace within oneself.

#### 3.5.3

One day district level District Level Dialogue for Peace, was organized by Peace Channel, Dimapur at its conference hall on 23th Nov 2018.

Addressing the leaders of various organizations Dr. AkumLongchari said that we often tend to choose our groups or form groups in our favour when we don't even know our self properly. We failed to know our real self and identify and that is how we forget that we all belong to one. Very often we create our own new identities and it is we who creates divisions. Sometimes we are easily diverted by what people



say on our identity and that's how we gradually lose our cultures and identity. Dr. Akum also quoted "Unhappiness in real life can be used in a very destructive way".

Dr. Akum gave on advice what if they can organize the idea and thoughts that they come up in their discussions in the street path and circulate among the group members. Imagination is limited by the presents and that is the reason why they don't bring change. Dr. AkumLongchari also displayed a structured on how power is very important. He said understanding of power is very important. Many at times we try to generalize the politicians, we don't really understood powers. We don't account the question of power when we tend to bring social change. The only solution o think of new system is to change the power structure in Nagaland. He also mention three powers that are, Power over the people, Power with the people and Power within the people.

#### c. Training of Youth peace club leaders on peace club animation and peace education

In the year 2018-2019 25 trainings, seminars and programmes were conducted for the leaders on peace club animation and peace education.

Training of Youth Peace Club Leaders and Club members on Meditation, Dialogue and Leadership was conducted on 18th April 2018 at CAN building Kohima. During the first session, Ms.Vikhuli, the project coordinator of Peace Channel introduced Peace Channel, its objectives mission and vision. She also mentioned about the different areas of intervention and the activities carried out. She added that peace is one of the most essential requirements of humanity and a necessary prerequisite for progress, development and sustainability. One needs to pursue peace actively and



become an agent of peace. She also said that peace-building is an intervention that is designed to prevent the start or resumption of violent conflict by creating sustainable peace. Later, in the second session Mr. KishorDass addressed the participants on the topic 'Education for transformative life' he expressed that education is an enlightening experience as it aims to develop wisdom within us to live righteously in the world. Transformation is a marked change in the form, nature or appearance. He further spoke about how to use education for transformative life, he mention that Positive transformation, Changes in attitude, Changes in believe, Changes in the ability to think, Enhanced acceptance, Love and care, Peace as important for transformation. In relation to the topic, he also explained on how to have an effective communication with people involved in conflicting situation and how to non-violently solve issues by bringing differences between the conflicting parties through the process of Dialogue and Mediation process he added.

#### 3.6.2

Training of Youth peace club leaders and club animator on Peace was conducted on 5th May 2018 at NPF Hall, Mon with the resource person Mr.KishorDass and Ms.VikhuliAchumi. The first session was taken over by Mr. KishorDass on the topic sustainable peace, inner peace and mindfulness. The resource person first raised questioned to the participants on what do you understand by the word peace? To this question, many answered differently. Then he continued and said, peace cannot be defined in one sentence. Its definition differs from person to person. Peace is something which is desired by every individual. It is the desired

reality of humans. Speaking about the definition of peace, he said many people longed for peace and wants to have peace in their life but they failed to sustain that peace. The reason why they failed is because they looked for temporary peace and not sustainable peace. Sustainable peace is possible only if you have inner peace i,e., Peace within yourself and when all the individual take initiative in promoting peace. The resource person said, Peace is ours and it is the responsibility of every individual to protect that peace. Peace can be possible only if you take and understand the responsibility and importance of it. He further said, the most important role can be played by the youth in promoting peace and making a



sustainable peaceful society as youth are young, energetic, open minded and are considered as the leaders of tomorrow and backbone of the Nation. Thus, he concluded his session by encouraging all the participants to be an agent of peace and to talk about peace and promote peace wherever they go. The second session was taken by Miss. VikhuliAchumi on the topic "Leadership". She begins her session by a question -what is and who is a leader? She said, a leader need not be a politician, he/she can be a simple ordinary person who can lead the people. A leader is someone who is connected to the people. He/She should know their people and should take the responsibility of them. A leader put the interests of those they serve ahead of their own and learns from their mistakes. She further said every individual is a leader. There



is a leadership potential in every individual but mostly people remain

in their comfort zone area and thus their potential lies hidden. She encouraged the youth present in the hall to be a leader and not to stay in their comfort zone area and to be



open to experience and learn whatever comes in the way.

#### 3.6.3

Youth peace club meeting and call for peace campaign on "end plastic pollution was conducted by Peace

Channel Wokha on 19th April 2019. Speaking on the occasion the resource person Mr. A YanpothungEzung addressed the students on "End Plastic pollution". He said that to take a plastic to decompose it take 1000 years. He also address the students that 300 million tons of plastic are sold each year and that 90% of that is thrown away which end up in our landfills, our oceans, our wildlife and our bodies destroying our food, our water and our health. He elucidated that the plastic breaks down in our environment which can mimic human hormones and is linked to everything from breast



cancer to early puberty, blaming each segment of society bearing the responsibility for plastic pollution. He also added that the only way to end plastic pollution can be addressed by individuals and companies around the world agreeing to implement practices that reduce waste on every level and suggested the students to Carry a bag and always reuse plastic bags as much as possible, reusing of plastic water bottle and plastic cubs, educating the business cooperates to switch to packaging, storing, and bagging items with excellent low-cost replacements, such as bamboo utensils in place of plastic ones and getting involved to ban plastic use and encouraging the recycling of plastic products as many as possible. He also added that plastic doesn't break down easily (if ever), recycling plastic means that it is still plastic, just being used for a different purpose. Therefore, we should actually reduce plastic amounts or exposure, even in



the recycling process.Later he encouraged the students to ban single use plastics and help support a move to sustainable non-polluting, non-fossil fuel based alternatives and to call on to immediately phase out single-use plastics, support sustainable alternatives, and tackle the billions of tons of plastics that are already in our oceans, our streams, our wildlife and our own selves.Speaking on Peace Campaign District coordinator Mr. Patrick address the students that peace is a daily, a weekly and a monthly process gradually changing opinions, slowly eroding old barriers, quietly

building new structure. He elucidated that peace come from being able to contribute the best that we have and all that we are towards creating a world that supports everyone. It is also securing space for others to contribute the best they have and all that they are. He also added that being a peace activist we should make peace with our enemy, work with our enemy, and then only he/she will become our partner in promoting peace.

He also encourages the students to replace the old paradigm of war and conflict with the paradigm of waging peace. He also urged the students to be the pioneers to push the boundaries of human understanding, a doctor to cure the virus of violence, a soldier of peace whop can do more than preach to the choir and a the artist to make the world our master piece for peace.

building.

#### 3.6.4

A programme on "District level dialogue for peace" was conducted on 24th April 2018 at Rusoma village Kohima District, Rusoma Village council Hall. The main objective of conducting this programme is to make the participants understand the importance of dialogue and importance in the field of peace building. The resource person for the programme was Ms. Garrol Lotha and Ms. Susan Kulnu. In the first session Ms. Susan Kulnu emphasized on the concept of dialogue and its importance in the field of peace building. She stated that dialogue is a conversation between two or more people or taking part in a conversation or discussion to resolve a problem. She stressed on Conflicting situation that occurred in Kohima and how dialogue as a peace building tool helped in handling the issue constructively by bringing both conflicting parties together for dialogue. In the second session Ms. Garrol Lotha shared on "Skills needed for peace building". She saidPeace building consists of a wide range of activities associated with capacity building, reconciliation and societal transformation. It is especially designed to address the causes of conflict, the grievances of the past and to promote long term stability and justice. Knowledge has power and power has the ability to transform conflicts or unwanted situations. Skills enhance and empower peace builders to intervene and negotiate a conflict issue successfully. Peace is sensitive and therefore it needs the different skills in different situations of conflict. She also emphasized on some of the essential skills for peacebuilding such as Critical thinking and the ability to think outside the box and the capacity to analyze thoroughly the problem in order to offer a solution to the parties in conflict.

#### 3.6.5

On 21st June 2018, Peace Initiative Project conducted "District level Orientation for the Teachers Coordinator along with club leaders at St. Paul school Phesama village for forty-two (42) participants and 15 teachers representing eight schools from Kohima.. The resource person was Ms. Garrol Lotha. Addressing the teachers as pointed out that today society needs educators not teachers. She further goes on to say that effectiveness in teaching comes only when there is innovation and creativity. She encouraged the participants to manage their class a student's centre and



captivate their minds. The strength of the teacher lies not in the power to control and maintain silence in the class but in being able.

#### 3.6.6

On 2ndJuly 2018 one day Capacity Building for the Teacher Animator on, "Peer Mediation" was organized by peace channel at Don Bosco Campus Dimapur where 44 participants from different tribes, race, and sex attainted the programmed. Speaking on the topic peer mediation the resource persons Ms. Garrol Lotha capacitate the participants which may help them to resolve conflicts among themselves. She started the session by highlighting about who are called "peer" She said that a person who belongs to some social group like teen clubs, youth club, same age group, etc can be called as "peer". She explained how



mediation works and that peer mediation is very important in our day to day life because it is process by which two or more students involved in a dispute meet in a private, safe and confidential setting to work out problems with the assistance of trained student mediator. She stressed on the importance of peer mediation

in schools where she highlighted the need of the peer to solve the problems among them as peer mediation helps the students to appreciate diversity. According to her, school is a place where all students of different race, classes, ages and religions come together for the purpose of learning and sometime knowingly or unknowingly conflicts, problems or misunderstanding arises between them. Thus, in order to resolve problem the students of from different community who communicate and work together to resolve problems in mediations where other insights occur to students who participate in the mediation program where the students learn how to give and accept criticism. She further stressed on what makes a good peer mediator where she said that a good personal qualities which make good mediator. These might include communication skills, the respect of their peers, self confidence, empathy, leadership potentials, willingness to receive feedback and ability to speak in front of group.

#### **3.6.**7

Capacity programme for youth leaders on Leadership Skills was organized on 3th July 2018 at DBIDL Hall Dimapur. All together 120 students along with 8 teachers animators from different Institution actively participated for the programme. The students were capacitated on Emotional Handling Skills, Leadership Skills, Peer Mediation, Inner Peace, Human Rights, and Peace through Music. Speaking on the occasion Peace Activist, Ms. Garrol Lotha capacitated the students on Peer Mediation stating that Peer Mediation is a process of intervening in a conflict situation by the student to resolve student issues as a third neutral party. She also stressed on the



need of peer mediation in the school settings which will help the students to resolve issues among themselves. She also mentioned the qualities and skills needed to be a good Mediator which includes good communication skills, respect for the peers, confidentiality, empathy, leadership potentials and willingness to receive feedbacks. Mr. Liangamang Robert addressed the students stating that leadership is the ability to translate unlimited potentials into desired results where one has to become leader of oneself first. Leadership is very common but it is important how one performs it. Emphasizing on inclusive leadership he stated that leadership can also be a source of violence and conflict. He also mentioned that the characteristics of leadership are not - position, title and personal attributes rather leadership means being calm, confident, courageous and consistent. He further urged the participants to become true leaders by first leading oneself in the right direction and encouraged the members to possess the qualities of calmness, confidence, courageous and consistent. Further, he encouraged the participants to acquire the skill of Delegation, Empathy, Resilience, Attitude, Transparency, and Commitment he further encouraged the participants to be leaders for change.

#### 3.6.8

Capacity building Program on Peace and Conflict for Youth Leaders 8th July 2018at St. Joseph Church, Niuland, the resource person Mr. Vincent Kikon said that the more force we put on each other we get the opposite reaction, so it would be more suitable from both the party to bring the issue and discuss without any left sentiments where both the party agree to one another for their betterment. Kikon further exhorted that conflict is a sleeping giant which genetically remain within the human nature but violence is a learned behavior that an individual adopt its behavior where it becomes habit gradually if it is not taken carefully and consciously. Miss AlinoChishi also spoke on very important topic; inner peace, leadership and empathy. Where Chishi clearly pointed out that peace is all about having inner peace within our self, understanding oneself where everything begins within. In order to acquire these qualities she said that, an individual should be empathetic to other having the power to understand the feeling of other rather than a sympathetic person. Further, the resource person Miss. Chishi commented on the quality of being a good leader where she mainly focused of being self-creative and avoiding judgmental attitude towards other. What we are and what we have become starts from the little thing you do starting from your family setting itself, how well you behave and well mannered you are, she added.

#### 3.6.9

On 30th July, 2018 the training programme for the youth on the topic "Peer Mediation" was conducted at North east Institute of Social Science and Research (NEISSR) Conference hall, Dimapur. The resource person Dr. Debin Sharma started the session by highlighting about who are called "peer" and said that a person who belongs to some social group like teen clubs, youth club, same age group, etc can be called as "peer" where Peer educator is part of the same social group. For clearer understanding he highlighted that peer educator is a trained



volunteer who educates his/her friends individually or in a group to develop a greater understanding of health and development issues to bring positive behavioral change. Further he explained what peer mediation is and how it works. Peer mediation is very important in our day to day life because it is process by which two or more person involve in a dispute meet in a private, safe and confidential setting to work out problems with the assistance of trained mediator where a good peer mediator should have good personal qualities that makes good mediator. For effective peer mediation the process of Peer Mediation was elucidated as peer mediation is a process of students solving problems in the institutes which included some of the important basic process in peer mediation, Introduction, Identifying the Problem, Identifying facts and feelings, Generating Options, Agreement, and Follow-Up, he added.

#### 3.6.10

On 28th August 2018 Peace Channel organized Consultative Workshop for Local Organizations and Peace building Organizations on Human Rights Defenders, at NEISSR, Conference Hall Dimapur. The main objective of the program was to respond and advocate the issues of freedoms of opinion, expressions, association, assembly, dissent, protest and all other rights, including harassment and criminalization of all human rights defenders (HRDs). Ms. BonditaAcharya, HRD from Assam, Advt.T. LimanochetJamir, Assistant Professor of Kohima Law College and Mr. P. Leonard Aier, Principal of City Law



College as the resource persons of the program. Speaking on the occasion, the resource person Ms. BonditaAcharya, HRD from Assam, stated that Human Rights Defenders are individuals, groups and associations, committed to defend and uphold all human rights and fundamental freedoms. She highlighted scenario of human rights violation in India postulating that we need to raise our voices against arbitrary arrest and detention, extrajudicial killings, prisoner rights, militarization, social and structural discrimination, employment and livelihood issues, forced evictions and displacements and no access to basic necessities for dignified human life, ecology, environment, people's rights over land and natural resources, discrimination, rights of indigenous peoples. Advt. T. Limanochet Jamir, Assistant Professor of Kohima Law College exhorted that, we don't have to be in a position of power to bring change but what we need is our sheer will-power and determination and most of all God's favour that's all we need to bring about any social transformation. He also referred the life of Jesus Christ whom he regards as a Human Rights defender explaining how Jesus Christ defended the rights of the poor and the needy, widows etc. and worked for the welfare of the people but was persecuted even to the extent of His death. He continued reflecting on the teachings of Jesus Christ, where he believes that we are not doing enough as our efforts does not reach to the level of what Jesus did for us. He concluded stating that, "If we don't face persecution in our life, we are not working as Christ did".

P. Leonard Aier, Principal of City Law College, made the concluding remark where he stated that, state is the biggest violators of Human Rights who are supposed to safeguard the rights of the citizens. He elucidated that the state regulates law at the same time they misuse the law by coercive power and projects their authority to the citizens. He further highlighted how Human rights have evolved with the great charter

Act "Magna Carta", 1215 basing on which he postulated how democracy today is shrinking, He further expressed that India is a democratic country under the constitution where our rights have been safeguarded; however, it is not absolute and effective as it is enshrined. Quoting Martin Luther King "Our lives begin to end the day we become silent about things that matter" Later, Aier concluded by stating that our Constitution provides democratic space for fundamental rights, where he left the participants with the statement to ponder whether we are using the democratic space or scared to use the space to defend our rights.

#### 3.6.11

Training of Youth Peace club leaders on Dialogue & Facilitation was conducted at the Peace Channel Conference Hall Dimapur on 18th January 2019 with the resource person Dr. Deben Sharma, Asst. Prof. NEISSR Dimapur. The main objective of the training was to train the participants to be a facilitator and a good mediator and also to learn the process of how to carry out Training of Facilitator. All together 8 leaders from different youth organization attainted the training. The resource person Dr. Deben Sharma spoke on the meaning of the participatory methodology. He said participatory methodology is also known



as adult learning methodology. It is the method which helps both the facilitator and the participants to learn together from each other. He said, participatory learning is not imposing but it allows people to do things based on their own and give choices. In participatory method all the participants are engaged in one or the other thing. The three key areas of participatory learning methodology are active participation, eliciting people's knowledge, experience & wisdom and the last is experiential leaning. The resource person also spoke about different styles of

learning such as learning by doing, learning by listening and learning by reading. He also quoted a quotation by Lou Tzu a philosopher from China who says "You cannot teach others but you can only help them to learn". The resource person also spoke on human needs theory where three important needs of the humans are physical security, social & economic security & mental security. He then stressed on how to plan an activity when organizing any programme. An exercise was done on how to plan an activity on the topic Skills on initiating Dialogue. The steps to be followed while planning an activity are the title, objective of the training, method to be used in the training, time duration, materials required, procedures-under the procedures comes the action and the activity itself. The last step of activity plan is debrief. The purpose of debrief is to let each participants to pour out and speak out their learnings and opinions. He also highlighted the skills for mediation. Communication skill, listening skill, creative and critical thinking, social and networking skills.

#### 3.6.12

One day Capacity building programme was conducted at Assisi hr.sec. School Dimapur on 16th February 2019. The resource person for the programme was Ms. Pichano spoke on the topic "Peace and peace building". She said, peace is one of the most essential requirements of humanity and a necessary prerequisite for progress, development and sustainability. The path for peace begins with "me" in the peace building processes. She stressed more on peace within an individual. It is very important to have peace within oneself. We humans looked for peace in an outer world



without knowing the fact that one must first find peace within oneself and then he/she can be at peace with

others. The resource person also explained some of the definition of peace by different individuals. She said, there is no definite definition of peace. Its definition differs from person to person based on their personal experience and perception. She also talked about negative peace and positive peace. Negative peace is the absence of direct violence (physical, verbal and psychological) among individuals, groups or governments. Whereas positive peace is more than the absence of violence, it is the presence of social justice through equal opportunities, a fair distribution of power and resources and equal protection and impartial enforcement of law.

The resource person further spoke on the concept of peace building. She said, the term peace building first emerged in 1970s through the work of Johan Galtung who is called the father of peace. Peace building is a process that facilitates the establishment of durable peace and tries to prevent the recurrence of violence by

addressing root causes and effects of conflict through reconciliation, institution building and political as well as economic transformation. In short it is the activity that aims to resolve injustice in non violent ways and to transform the cultural and structural conditions that generate deadly or destructive conflict.



#### 3.6.13

A capacity building programme for the teacher animator was conducted on 1st March 2019 at North East Institute of Social

Sciences and Research (NEISSR). The resource person for the programme was Dr. Fr. C. P. Anto and Dr. Deben Baschaspatimayum. During the training programmeDr.Fr.C.P.Anto, Project Director, started by quoting Alvin Toffler, "The illiterate of the 21st century will not be those who cannot read and write but those who cannotLearn, Re-learn and unlearn". He begins the session on "Peer Mediation" with a demonstration on conceptual structure of the society that depicts the present scenario of Nagaland which made the participants to analyze further. Emphasizing on the topic, he aplso shared about the objectives, process, principles and effective ways to solve problems through peer mediation.Dr. Deben BaschaspatimayumAsst.Prof. of North East Institute of Social Sciences and Research (NEISSR),was also one of the trainer for the programme. He stressed on "Dialogue" as the skills of peace building. He also explained on the difference between Dialogue and Conversation and how one can effectively paraphrase the communication by changing the negative content that can lead to conflict and make a peaceful conversation. Stressing on the topic he also shared about listening and paraphrasing as a component for effective dialogue. During the programme, 2030 Peace Campaign was officially launched with the theme "Peace to All" during a training programme for the teachers, religious and community leaders, volunteers and professionals. They are trained as a model to intervene and resolve conflict. All together 30 participants from different organization leaders and animators attainted the training.

#### 3 6 14

On 15th March, 2019 peace seminar for college students was conducted at Oriental College on "Peace building and Peer Mediation". Addressing the students the resource person Mr. Pati spoke on the topic Peer Mediation. He said that College-based peer mediation is one of the most popular and effective approaches to integrating the practice of conflict resolution into schools and colleges. Thousands of schools in the US and in dozens of other countries have implemented peer mediation programs, and these efforts serve almost every conceivable student population. Conflict is a marvelous



learning opportunity because it requires people to adjust their habitual ways of acting in response to the conflict they are encountering. He said that through the session one will be able to explore the various ways that educational institutions are working with and learning from conflict when it emerges. He stressed on the importance on peer mediation where he said that peer mediation will help the students to appreciate

diversity. Students of different races, classes, ages and religion communicate and work together to resolve

important problems in mediation. Further he stressed on the benefits and purpose. He said that, peer mediation teaches fundamental skills and attitudes to both mediators and parties. Peer mediation motivates students to talk things out rather than fight things out. Therefore, the main purpose of peer mediation is a process by which students act as mediators to resolve disputes among themselves.



#### 3.6.15

Peace channel successfully introduced Peer Mediation forum for peace at Auxilium convent Dimapur on 16th March 2019. During the introduction programme, the resource person, Ms. Katini started with the definition of peer, peer education and peer mediation. She also shared the objectives of peer mediation which are; Providing correct information on the conflict situation of both the parties, enhancing self confidence to solve any problems in the future and bring peace to the conflicting parties. Also some of the objectives include Capacity building to understand their own health, environment, and other issues, Building team spirit and leadership qualities. Peer mediation also focuses on Life skill development and providing equal participation opportunities at the same time Prevention of high risk behavior. Ms. Katini also shed a light on the historical background of peer mediation and how it has helped many people in the past to avert conflicts from escalating further. The resource person also talked on the importance of peer educators and peer mediators and their role in bringing peace to the people and the world at large. She also cited an example from her experience how it would have helped if only she have come across peer mediation during her high school years.

#### 3.6.15

A seminar for the youth leaders on the theme, "Challenges of educated youth and the way forward". was conducted on 23<sup>rd</sup> March 2019 at Holy Cross, Auditorium, Dimapur, Nagaland. The program was attainted by 71 members from different colonies, communities and organizations. The resource person for the programme were Brother Sunny Joseph, Executive Director (AIDA), Mr. Jiaul Islam Chowdhury



(District Youth Co-ordinator, Nehru Yuva Kendra), RozelleMero, Managing Director (The People Channel), Dr. SamratSinha, Asso. Prof. (Jindal School of International Affairs). Dr. Ravikant Singh was one of the special guest of the programmed. While addressing the participants he encouraged the youths to avail themselves to the opportunities by looking at the gaps and fill them up by being a job creator. He addressed the congregation to be leaders of the nation by maintaining ones integrity and value, working hard to see the vision come true. The input was shared by the resource person during the input session. Brother Sunny Joseph, Executive Director (AIDA) and Mr. YM Jiaul Islam Chowdhury, District Youth Co-ordinator (NYK) spoke on the topic, "Challenges faced by educated youth, and the way forward" and Madam RozelleMero, Managing Director (the People Channel) and Dr. SamratSinha, Asst. Prof. (Jindal School of International Affairs, O.P. Jindal Global University) spoke on the topic, "The importance of career guidance and the Youth Today".

#### 3.5.16

A Consultative Workshop was held with the local Organization and Peace Building Organization on 15 April 2019 at SABAK Conference Hall Wokha Nagaland, on the topic 'Dialogue as a process of peace building'. Speaking on the occasion Mr. N. YampothungEzung emphases on the importance of peace in today's generations, the conflicts, hatred and violence we faces, a sustainable peace building and also the different ways and means to achieve a peaceful and harmonious



society.Mr. Ezungsaid that there are conflicting realities within the individual family,neighborhood, peer groups, work place, institutions and the religion in which every one of us is equally responsible for dragging humanity to the kingdom of havoc and destruction, conflict and confusion, irrationality and immorality.Mr. Ezung added that in such complexity of human race, dialogue is important, as one keeps in constant communication with each other.Dialogue is an exchange of information with differences and similarities, an art of thinking and reasoning together which can be characterized as a term heaving several possible meanings in which the goal is to understand the other or a process that is flexible and adaptable to different formal context. He further added that dialogue matters as it brings together a diverse set of voices to create a microcosm of the larger society which entails in learning and has a potential of change and attitude towards life. He clearly stated that dialogue stresses a long term perspectives, facilitate recovery from crises, help avert violent conflict, assist in conflict resolution and allows transparency. MrEzung also quoted the UNESCO constitution saying "that since wars begin in the minds of men, it is in the minds that defenses of peace must be constructed".

# d. Peace Club Meetings

In the year April 2018- June 2019, altogether 12 Peace club meetings cum capacity building programmes were conducted in Dimapur, Wokha, Kohima, Peren and Mon.

#### 3.7.1

Capacity building on Problem Tree Analysis was conducted on 13th April 2018, at Little Flower School, Mon the resource person Miss. Santi. She took a session on "Problem Tree Analysis". She explained about problem tree analysis and its importance. She said problem tree analysis is a pictorial representation of the problem, its causes and its consequences. This analysis tool helps to get a quick glance of the issues contribute towards a problem and how this problem branches out into a set of consequences. Like any other trees, the problem tree has three parts: a trunk, roots and branches. The trunk is the core problem, the root represents its causes and the branches, leaves and a fruit represents its consequences.

#### 3.7.2

One day Capacity building program on "Peace & Peace building" and "Meditation", at St. Paul Hr. Sec. School, Dimapur, Nagaland, on 14th April 2018 was organized by Peace Channel Dimapur. Addressing the participants Mr. KishorDass the resource person explained the meaning of Meditation and how meditation as a tool can solve conflicting issues. He also shared about the implementation of Meditation. He also explained on how Mediation as a tool can help in minimizing the conflicting situation and tackle with it in constructive way. He first defines on what meditation is, and its benefits in one's life by looking into life



in a more positive way. He also explained to the students that it is we who control our own emotions and we are the owner of our own peace. Peace at peace fully depends on the individual. If one is not focus in life can never be at peace. Peace doesn't have a definite definition. Peace is being defined differently as per the

situation and experience. It varies from individual to individual he added by saying that Peace is not something which we can achieve instantly, it is a long term process and need practice. To have peace within ourselves that is Inner Peace. In order to bring peace we first need to have peace within ourselves and that

we can adapt through meditation. Inner Peace is something that is within an individual and it reflects through one's attitude towards life. One's an individual is at peace no force or any individual can take away the inner peace from an individual.

#### 3.7.3

Capacity building programme on the topic "Peace and peace building" was conducted on 14th of April 2018 at Christ King School, Mon for peace club members. The resource person for the programme was Miss. AngipKonyak. Addressing the



youth the resource person then said, peace can be anything, it has no boundaries. The definition of peace differs from person to person. Every individual has his/her own definition of peace based on his/her own personal experience as well as his/her own perception. But peace is something which is desired by everyone. Everybody loves peace and wants to live in a peaceful area. She also explains about different definition of peace. Some of the definition of peace are-Peace is define as absence of violence and freedom from disturbance and tranquility. Peace is also defined as freedom from worries, tensions and anxiety. Peace means a situation wherein individuals or groups actively collaborate and co-existtogether in harmony and understanding. The resource person also talks about two types of peace that is negative peace and positive peace. Negative peace means peace but not always by peaceful means whereas positive peace means peace by peaceful means. She also explained the term peace building first emerged in 1970s through the work of Johan Galtung who is the father of peace. Peace building is an intervention that is designed to prevent the start or resumption of violent conflict by creating a sustainable peace. Peace building is the process or the activity towards bringing peace in the society. The activity itself is known as peace building.

#### 3.8.4

One day Capacity Building on the topic Peace and Peace Building on 16<sup>th</sup> April 2018 at St. John's Hr. Sec School, Mon District was organized by peace channel. Ms. Ngamtan as resource person said that peace is a situation wherein individuals or groups actively collaborate and coexist together in harmony and understanding. She said the definition of peace differs from person to person based on his/her own experiences and perception. Peace is something which is personal and it is one of the most essential

requirements of humanity and a necessary prerequisite for progress, development and sustainability. The path for peace begins with "me" in the peace building process. The resource person said if we want peace then we should begin with ourself. Peace begins with oneself. She further explained about peace building. She said the term Peace building first emerged in 1970s through the work of Johan Galtung. Peace building is an intervention that is designed to prevent the start or resumption of violent conflict by creating a sustainable peace. Peace



building is not primarily concerned with conflict behavior but addresses the underlying context and attitudes that give rise to violence, such as unequal access to employment, discrimination, unacknowledged and unforgiving responsibility for past crimes, prejudice, mistrust, fear hostility between groups. It centrally involves the transformation of relationships. 'Sustainable reconciliation' requires both structural and relational transformations. The resource person also spoke on the qualities and skills needed for peace building. She said, just like to build a house human resource is very important likewise in peace building, peace builders are very important. The certain qualities and skills that peace builder should have arecommunication skills, critical thinking, rapport building, mediation and dialogue.

#### 3.8.5

Peace Initiative on 18th November 2018, conducted capacity building program on the topic "Inner Peace" at St. Mary's Hr. Sec. School, Padumpukhri. The resource person Mr. Tokupu begins his session on the topic inner peace. He first explains the meaning of inner peace. He said Inner peace or peace of mind refers to a state of being mentally and spiritually at peace, with enough knowledge and understanding to keep oneself strong in the face of discord or stress. Inner peace means among other things that there is no over thinking and too much analyzing of every situation. It means no running from one thought to another, constantly ruminating about some past incident, no constant dwelling on hurts and what people said or did. It means no waste of time, energy and attention on



unimportant and meaningless thoughts. The resource person said, our mind is just like a room fill with lots of unnecessary stuffs and junks. When we clean and rearrange our room we feel like there is more space and we can move and walk freely inside the room. When we empty it of those unnecessary thoughts, fears and worries, our mind will be free and we will be able to enjoy inner peace and be more focused and think clearly he added. He also encouraged the participants to first seek for peace within oneself.

#### 3.8.6

On 26th March, 2019, Peer Meditation Forum was successfully introduced and formed at Duncan Colony comprising of different colony youth leaders near and far. The resource person, Mr Andrew introduced about peace channel and its vision 2030 where Peace channel aims to make Nagaland a model for Peace to the world. He also explained the importance of Peer Mediation among the youths and how it can bring positive changes as well reduce the incidences of conflict arising out of petty misunderstandings. He explained the objectives of peer education which are; Providing correct information on the conflict situation of both the parties, enhancing self confidence to solve any problems in the future and bring peace to the conflicting parties. The objective of peer education also include Capacity building to understand their own health, environment, and other issues, Building team spirit and leadership qualities. It also focuses on Life skill development and providing equal participation opportunities at the same time Prevention of high risk behavior. The resource person then explained the steps to successful and effective

peer mediation in detail; firstly to be a peer mediator, the person has to listen and get each side of the story which will eliminate biasness. Secondly, to let both the sides express their feelings which will help the mediator understand the level of damage the conflict has inflicted on the person(s). It will also help the parties feel relieved as they have shared their feelings. Thirdly, to brainstorm or collect ideas to bring solution to the problems which will involve both the parties along with the mediator. Fourthly, when they have found a suitable solution, the parties are helped to compromise on the situation and encourage them to sign an agreement. Lastly,



after all the steps are completed successfully, the parties involved in conflict are made to sign an agreement

which will close the chapter to their conflict. The agreement could be made according to the severity of the conflict. The resource person further explained the principles without which peer mediation would not be possible.

#### **3.6.**7

Peer mediation forum was successfully introduced at Suzane Girls Hostel Dimapur on 27th March 2019. Mr. Arhomo Lotha was the resource person for the programme. During the introduction programme, he explained the importance of Peer Mediation in institutions such as hostels as people from different background come together and as such conflicts are bound to occur. He also explained He also explained in brief the steps and principles involved for successful peer mediation. Firstly, to get both sides of the story to eliminate biasness then secondly letting them express their feelings which will give an insight of the core problem to the mediator. The next step is brainstorming solutions for the problem which will involve both the parties helped by the mediator. Fourthly, the parties compromise on the solution which they feel it will best suit them for the situation and lastly signing an agreement between the two parties which indicates the successful completion of the peace process. The resource person then explained the principles of peer mediation such as confidentiality which allow the parties involved and the mediator share stories and feelings during the process within themselves but not outside of the group. Self determination of the mediator and the parties involved to solve the problem at hand. Neutrality of the mediator which dictates that the mediator should never ever take any side for an effective and successful peer mediation. Lastly, the mediator should never engage or intervene in conflict or problems without the voluntary consent of the parties in conflict. He also shared personal experiences staying in hostel for more than 12 years where some people suspects their friends for loss of things, spreading false rumors and bullying etc, which make the accused or bullied people give up studies and develop suicidal tendencies at the end. The resource person then added to the stories where peer mediation can intervene and bring to the lives of the people facing similar situations.

#### Conclusion

The year April 2018-June 2019 has been a fruitful year as many activities were being carried out during this year and many religious leaders and community leaders were being trained under different topics to equip them in dialogue, peace building and conflict transformation skills to prevent future conflicts in the communities and to be an agent of peace in their respective communities and areas. The youth and women are also being trained and capacitated in the individual level to deal with conflict constructively and effectively. They are also being trained to develop leadership skills and qualities through different seminars and workshop. Thus we can say that this year has made a remarkable impact in the life of people associated specially the youth and children; the members have realized the need for peace, justice and respect for others, the members are convinced that violence is no more the answer. The overall observation makes it eminent that there is strong interfaith and harmony network established at this point than ever before in the targeted districts. In terms of achievement, though all the set objectives are in the process of achievement, which has been documented and recorded. There has been a great achievement this year as peer mediation forum has been in different institutions, localities and hostels. The staff members with enhanced coordination have been proactive in achieving over all activities and reaching out to a wider section. The year of 2018-2019 is the year of sowing seed of peace in every individual's life.

# FINANCIAL STATEMENT

# **PEACE CHANNEL**

Circular Road, Dimapur - 797 112, Nagaland

AMOUNT AMOUNT AMOUNT AMOUNT AMOUNT AMOUNT AMOUNT

AMOUNT LAST YEAR	EXPENDITURE	AMOUNT THIS YEAR	AMOUNT LAST YEAR	INCOME	AMOUNT THIS YEAR
3,430.00	To Advertisement Expenses	71110 72541	614.00	By Bank Interest	1,694,00
00.000, 0	Audit Fees	7,500,00	57,160.00	" Capacity Building	1,054.00
5,208.00	" Book and periodicals	4,518.00	82,000.00	" Donation/Contributions Received	97,200.00
	" Bank Charges	738.00	92,500.00	" LCD Projector/Laptop/Conference Hall Rent	214,200.00
12,000.00	" Charity and Donation	44,900.00	106,500.00	" Music Crash Course	68,000.00
5,210.00	" Computer Maintenance	15,280.00	18,000.00	" Sale of T.Shirts	1
26,515.00	" Electricity and Water Charges	17,832.00	50,800.00	" Seminars and Workshops	97,300.00
	" Gifts	15,000.00	56,590.00	" Vehicle/Equipment Rent	13,800.00
	" Honorarium Paid	19,500.00	7.00		
	" House Rent	80,600.00	Tall Land		
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1,020.00					
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4.0	" Miscellaneous Expenses	250.00			
96,600.00		23,400.00			
440.0		200.00			
14,965.0	· 1	27,304.00	56,405.90	" Excess of Expenditure ove Income	68,301.8
20,000.0		Hary Jane	o produce		
6,000.0		4,020.00		[1] - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 -	* 1
117,000.0	. 1	65,000.00			160
	" Seminars and Workshops	75,000.00		↑ 보통 레이트 등록 <b>경기</b> 등에 되었다.	
30,373.0	00 " Staff Refreshment	-		그 시대가 그는 경우가 개축하다 했습니다.	
The state of	" Staff Welfare	62,294.00			de la company
	" Subscription	1,000.00		맛있다. 그 그는 그 전략했다고 바	Walter Contract
34,175.	00 "Telephone/Internet Charges	14,190.00			
750.		12,500.00	1.7		
14,193.	00 Traveling Expenses	12,500.00			사고 보이다.
200.		5,550.00			
19,080	00 "Vehicle Upkeep	59,898.84			
83,915	90 " Depreciation Charged	33,333			
	" Excess of Income over			네 그 이번 하겠다는 맛집으로요.	
	Expenditure				
	.90 TOTAL	560,495.84	520,569.90	TOTAL	560,495.8

For and on behalf of Peace Channel, Dimapur

Place: Shillong Date: 18/09/2018 KIBON IOSHI

CHARTESED ACCOUNTANTS

KIRON JOSHI

Prepared as per Books of Accounts For Kiron Joshi & Associates Chartered Accountants

# **OUR ACTIVITIES IN THE MEDIA**



# PHOTO GALLERY





Interfaith Dialogue Panel discussion Peace building, Dimapur

Ecumenical Dialogue and Panel Discussion, Phesama





Dialogue panel discussion, Kohima Ecumenical Dialogue and Panel discussion, Khuzama





Interfaith faith training programme , Kohima Training of Trainers, skills on peace building,



wokha

#### North East Youth Knit Fest, Dimapur, 2018









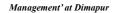




Peace Knit Fest Cultural evening

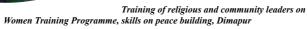








'Conflict







Peer mediation Introduction cum Orientation programme at Niuland campus Commemoration of Women's Day, Niuland





Peace Concerto, Dimapur

Training of Trainers (ToT) skills on Peace building ,Peren





Training of Trainers, Skills on peace building, TseminyuWomen training programme, dialogue and mediation, Wokha



Seminar Khermahal Dimaput



Cum Fellowship at Rengma Baptist Church,



Peer mediation group, Neissr, Dimapur

Peer Mediation Forum 2019, Neissr





Peer at Kohima



mediation at Auxilium Hostel, Diampur Peer Mediation Programme



Youth Seminar on Peace building at Dimapur Peer Mediation at Peace Channel

"To forgive is the highest, most beautiful form of love. In return, you will receive untold peace and happiness"
-Robert Muller

# Prepared and Edited by:

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- 2. Mr. Alan Paul, Documentation cum Researecher, Peace Channel